

## *Measurement in Sport and Exercise Psychology Web Resource*

The web resource for *Measurement in Sport and Exercise Psychology* contains 14 measurement instruments in their entirety and 19 tables summarizing numerous instruments for each major category of measurement. The tables are broken down by the variables to be measured, the applicable measurement instruments for each variable, the dimensions or subscales of the measures, and original sources.

Within the web resource there are two sub-folders. The folder called “Instruments” contains the 14 measurement instruments. The folder called “Tables” contains the 19 tables. The table files are named by the concept being measured (for example, “Intrinsic\_and\_Extrinsic\_Motivation”) for easy reference.

References for materials cited in this web resource can be found in the References file.

### **Minimum System Requirements**

#### *Microsoft(R) Windows(R)*

- Windows(R) 2000/XP/Vista/7
- Any image viewing software or web browser software that will open .jpg files
- A zip utility software that will allow you to unzip packaged files
- Adobe Reader 8.0 or higher

#### *Macintosh(R)*

- Mac OS X 10.x
- Any image viewing software or web browser software that will open .jpg files
- A zip utility software that will allow you to unzip packaged files
- Adobe Reader 8.0 or higher

This web resource is an ancillary to the textbook *Measurement in Sport and Exercise Psychology*, published by Human Kinetics. If you need technical support for the *Measurement in Sport and Exercise Psychology Web Resource*, please call 217-351-5076 Monday through Friday (excluding holidays) between 7 a.m. and 7 p.m. (CST). Or, e-mail us at [support@hkusa.com](mailto:support@hkusa.com).

When you call or e-mail, please provide the following information:

- \* The type of hardware you are using
- \* The version of the software you are currently using
- \* The exact wording of error messages or the message numbers appearing on screen
- \* A complete description of what happened and what you were doing when the error message appeared
- \* An explanation of how you tried to solve the problem

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