

REVIEW TOPICS

- 1 Enhancing self-efficacy in athletes
- 2 Autonomy support in competitive sport
- 3 Physical activity and body image/esteem
- 4 The effects of physical activity interventions on physical self-perceptions
- 5 Self-esteem in athletes
- 6 Athletes' mental health
- 7 Autonomy support vs controlling
- 8 Contemporary trends in anxiety and performance research in sport
- 9 Anxiety intensity, anxiety direction and performance in sport
- 10 Interventions for anxiety regulation in sport
- 11 Challenge and threat appraisals
- 12 Mental toughness in sport
- 13 Resiliense in sport
- 14 Emotion regulation in sport
- 15 Team building in sport teams
- 16 Collective efficacy in sport teams
- 17 Team roles in sport
- 18 Transformational Leadership in sport
- 19 Athlete leadership
- 20 Contemporary trends in leadership research in sport
- 21 Coach-Athlete Relationships
- 22 Communication in Sport
- 23 Parents in sport

Giulia

Alex

Mustafa

Stelios

Jim

Brigitte

Fedra

Theo

Yusra

Natalia

Mara

Giorgos

Bruno

JUTTA

Joleen

Nontas

Merle

Ataberk

Karl

Argiris

Anna-Maria

Linda

Laura