

# Seminar e-Library

**Vassilis Bouglas**

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Laboratory and Teaching Staff

# Η Βιβλιοθήκη του Π.Θ UTH Library

[http://www.lib.uth.gr/LWS/el/el\\_hp.asp](http://www.lib.uth.gr/LWS/el/el_hp.asp)

[http://www.lib.uth.gr/LWS/en/en\\_hp.asp](http://www.lib.uth.gr/LWS/en/en_hp.asp)

# EBSCOhost with VPN



## Choose Databases

To search within a single database, click the database name listed below. To select more than one database to search, check the boxes next to the databases and click *Continue*.

UNIVERSITY OF  
THESSALY LIBRARY &  
INFORMATION CENTRE

Continue

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Select / deselect all

A

**Academic Search Ultimate**

*Academic Search Ultimate* offers students an unprecedented collection of peer-reviewed, full-text journals, including many journals indexed in leading citation indexes. The combination of academic journals, magazines, periodicals, reports, books and videos meets the needs of scholars in virtually every discipline ranging from astronomy, anthropology, biomedicine, engineering, health, law and literacy to mathematics, pharmacology, women's studies, zoology and more.

[Title List](#) [More Information](#)

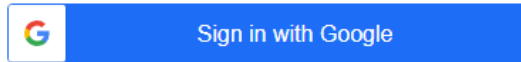
**Advertising Periodicals, 1815-1888**

This collection features periodicals that were primarily used as advertising vehicles. Print became an increasingly popular medium for marketing and promotion as printing technologies became more efficient and more affordable. Advertising periodicals appeared in large cities and small towns alike, creating a wide commercial geography as the United States expanded west. The titles here show the various kinds of goods and services that were available to consumers and how retailers marketed them. Subjects include medicine, fashion, business, industry, agriculture, books, literature,

# EBSCOhost with NO VPN

EBSCO

Sign In



Or

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Password

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[Institutional Login](#)

[OpenAthens Login](#)

**Important User Information:** Remote access to EBSCO's databases is permitted to patrons of subscribing institutions accessing from remote locations for personal, non-commercial use. However, remote access to EBSCO's databases from non-subscribing institutions is not allowed if the purpose of the use is for commercial gain through cost reduction or avoidance for a non-subscribing institution.






# VPN Πανεπ. Θεσσαλίας

discoverable and can be used for printer and file sharing if you set it up.


[Configure firewall and security settings](#)


## Connection properties

Connection name VPN Πανεπ. Θεσσαλίας 

Server name or address pptp.uth.gr 

Type of sign-in info User name and password

User name (optional) bbouglas 

Password (optional) ..... 

Edit

Clear sign-in info

# https://it.uth.gr/

Πανεπιστήμιο Θεσσαλίας  
Διεύθυνση Μηχανοργάνωσης  
Κέντρο Δικτύου Τηλεματικής

Αναζήτηση... A A +A

Υπηρεσίες Γνωσιακή Βάση Υποστήριξη/εΑιτήσεις Η Υπηρεσία μας

**Εφαρμογές Διοίκησης**  
eΓραμματεία e'Εγγραφα eΣυνεδρίαση Web e'Εγγραφα

**Τηλεκπαιδεύσεις-Τηλεδιασκέψεις**  
Τηλεδιάσκεψη VOD Live Streaming

**Ηλεκτρονικό Ταχυδρομείο**  
Email Webmail Λίστες Spam

**Λογαριασμός Χρήστη**  
Νέος Αλλαγή Ανάκτηση

**Ανταλλαγή - Ασφάλεια**  
Ανταλλαγή Okeanos/rip

**Πρόσβαση στο Δίκτυο - Ασφάλεια**  
VPN Απόδοση IP Εξαίρεση Firewall WiFi/Eduroam

**Υπηρεσίες Υποδομής**  
Ταυτοποίηση LDAP DNS PKI NTP

**Τηλεφωνία**  
Τηλεφωνία Χρέωση VoIP

**Φιλοξενία Ιστοχώρων**  
Δομών Χρηστών

**Υπηρεσίες e-Π.Θ.**  
Classweb SIS-Web Ακ.Ταυτότητα UniStudent Εύδοξος

**Γραφείο Αρωγής**  
Τηλε-Υποστήριξη Διαγνωστικά

**Λογισμικό**  
MS Azure (Πρώην Imagine) Office 365 SPSS

Πρ. Άσκηση ΖΕΥΣ - Εκλογές

Φοιτητής

Μέλος ΔΕΠ

Προσωπικό

Επισκέπτης

**Νέα Ανακοινώσεις**

**Διακοπή στο δίκτυο δεδομένων στο Πεδίον Άρεως**  
22.09.2021 - 10:30

Την Τετάρτη 22/9/2021 και στο χρονικό διάστημ 9:00-10:00 θα γίνουν εργασίες μετρήσεων στο δίκτυο οπτικών ινών από τον ΟΤΕ. Αυτό μπορεί να προκαλέσει διακοπές στις ηλεκτρονικές υπηρεσίες του Π.Θ.... [Περισσότερα](#)

## ▼ Οδηγίες για όλες τις συσκευές

Επιλέξτε παρακάτω την λύση VPN που προτείνεται για την συσκευή σας , διαβάστε τις οδηγίες. Σε περίπτωση προβλήματος μπορείτε να δοκιμάσετε και δεύτερη λύση, και να τις έχετε μόλις χρειάζεστε, φροντίζοντας όμως να μην τις ενεργοποιείτε ταυτόχρονα.

- **PPTP**: Προτείνεται για Windows 7, 8, 8.1, 10 και Android. Δεν υποστηρίζεται MacOS και iOS.
- **L2TP** (Δοκιμαστική λειτουργία): Προτείνεται για MacOS και IOS (iPhone,iPad) και εναλλακτικά για Android.
- **OpenVPN**: Προτείνεται για Windows 2000,XP,Vista και εναλλακτικά για Windows 7, 8, 10, Catalina, Big Sur δοκιμαστική λειτουργία). Δεν υποστηρίζεται IOS. Απαιτεί την εγκατάσταση του προγράμματος στον υπολογιστή σας.

Σε περίπτωση δυσλειτουργίας ή άλλων προβλημάτων σύνδεσης, ωφελεί να έχετε εγκατεστημένα και άλλους μεθόδους VPN στον υπολογιστή σας, και να τις χρησιμοποιείτε εναλλακτικά. Οι δύο μέθοδοι είναι απολύτως ισοδύναμες . Απλά μην ξεχνάτε να αποσυνδεθείτε, πριν δοκιμάσετε την σύζευξη.

Για την **αντιμετώπιση προβλημάτων** δείτε τις **συνηθισμένες ερωτήσεις**.

## ► Προϋποθέσεις

📄 Ρύθμιση VPN PPTP σε Windows 7

📄 Ρύθμιση VPN PPTP σε Windows 10

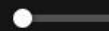
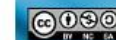
533420 εμφανίσεις

## Ρύθμιση VPN PPTP σε Windows 10



### ΟΔΗΓΙΕΣ ΓΙΑ ΔΗΜΙΟΥΡΓΙΑ ΣΥΝΔΕΣΗΣ PPTP ΣΤΟ ΔΙΚΤΥΟ VPN ΤΟΥ Π.Θ. ΓΙΑ WINDOWS 10

Watch in Picture-in-Picture



0:00 / 5:09



76069 εμφανίσεις

Αρχική Σελίδα Δικτυακού Τόπου (Web Site) Βιβλιοθήκης

Πληροφορίες για τη Βιβλιοθήκη

- Αποστολή & Στόχοι (Ιστορικό Β/θήκης)
- Δομή & Οργάνωση (Επιτροπή Β/θήκης)
- Κανονισμός Λειτουργίας
- Κεντρική Βιβλιοθήκη - Παραρτήματα
- Λογογραφικό Κέντρο Κ. Μακρή
- Χάρτες & εικονικές περιηγήσεις
- Ωράριο
- Προσωπικό | Θέσεις Εργασίας | Πρακτική Άσκηση
- Μέλη - Χρήστες
- Συνέδρια - Ημερίδες - Εκδηλώσεις
- Αναπτυξιακά έργα (ΕΠΕΑΕΚ II, ΕΣΠΑ)

Υπηρεσίες

- Δανεισμός - Ανανέωση - Κράτηση
- Διαδανεισμός (άρθρα - άλλο υλικό)
- Υποστήριξη σε άτομα με αναπηρίες
- Πληροφοριακή Υποστήριξη- Εκπαίδευση
- Χρήση ηλεκτρονικού εξοπλισμού (χρήση Η/Υ, φωτοαντίγραφα, εκτυπώσεις,...)
- Χρήση αισθουσών μελέτης/εργασιών
- Υποστήριξη μαθημάτων (Βιβλιογραφία Μαθημάτων | e-Class)
- Υπηρεσία Πρόληψης Λογοκλοπής

Αναζήτηση σε Πληροφοριακές Πηγές

- Ταυτόχρονη Αναζήτηση Πηγών (EDS)
- OPAC - Κατάλογος Βιβλιοθήκης (Νέοι Τίτλοι)
- Αναζήτηση Περιοδικών Εκδόσεων
- Βάσες Δεδομένων (EBSCOhost | SCOPUS | Web of Science (Citation Indexes))
- Ηλεκτρονικά Βιβλία, Λεξικά,...(HEAL-Link, EBSCO)
- Ειδική Συλλογή Γκρίζας Βιβλιογραφίας (διατριβές, συνέδρια,...) - Ιδρυματικό Αποθετήριο
- Ειδική Συλλογή Λογογραφικού Κέντρου Κ. Μακρή
- InCites Journal Citation Reports (impact factor)
- Θηματικοί Οδηγοί & Πύλες (portals, ...)
- Κατάλογοι Άλλων Βιβλιοθηκών
- Αναζήτηση στο Διαδίκτυο (Internet)

Νέα Βιβλιοθήκης »

Λειτουργία από 04/10/2021

Λειτουργία και Επικοινωνία λόγω Κορωνοϊού

Υφιστάμενες και Νέες Πηγές και Υπηρεσίες

| 08/01/2021 : Δανεισμός με προηγούμενη συνεννόηση (ραντεβού) |

| 13-03-2020 : Ηλεκτρονική Υποβολή Εργασιών-Διατριβών |

| ΣΕΑΒ/HEAL-Link | AcaDelib » |

Intranet

(περιορισμένη πρόσβαση)

για το Προσωπικό της Βιβλιοθήκης του ΠΘ »

για τους Διδάσκοντες του ΠΘ »

Υποστήριξη χρηστών: | Βοήθεια - Οδηγός Υπηρεσιών | Επικοινωνία με τη Βιβλιοθήκη |

Αναζήτηση site - Πληροφορίες site - Γλωσσάρι - English edition



http://www.lib.uth.gr  
Ημ/νία δημιουργίας: 2004-11-05  
Ημ/νία ανανέωσης: 2009-12-10  
Metadata & αξιολόγηση ιστοσελίδας



Library Web Site Home Page

About the Library

- Mission & Aims (History)
- Structure & Organization
- Regulation
- Central Library - Branches
- Kitsos Makris Folklore Centre
- Maps & Virtual Tours
- Opening hours
- Staff | Employment | Student Practice
- Members - Users
- Events-Exhibitions
- Developmental Projects (ΕΠΕΑΕΚ,...)

Information Resources Search

- Single Search Discovery Service (EDS)
- Library Catalogue (OPAC)
- Search Journal Collection
- Databases (EBSCOhost | SCOPUS | Web of Science (Citation Indexes))
- Electronic Books, Dictionaries,... (HEAL-Link, ...)
- Grey Literature special collection (theses, proceedings,...) - Institutional Repositories
- Kitsos Makris Folklore Centre special collection
- Impact Factor (JCR - Journal Citation Reports)
- Subject Gateways & Portals (portals, ...)
- Other Libraries Catalogues
- Internet Search

Library Services

- Loans - Renewals - Reservations
- Interlibrary Loans
- Disabilities Support
- Information Literacy Training and Support
- Electronic Equipment Use (PCs, photocopies, print-outs,...)
- Study/Work Rooms Use
- Courses Support (Modules Bibliography | e-Class)

Library News »

| HEAL-Link | AcaDelib »

The English edition  
of the University of Thessaly library web  
is based on the Greek one,  
which is the main version.

| Αρχική Σελίδα web site Βιβλιοθήκης |

Search site - Site Info - Contact





# Scopus

## Library & Information Centre University of Thessaly

### Library Web Site Home Page

#### About the Library

- Mission & Aims ([History](#))
- Structure & Organization
- Regulation
- Central Library - Branches
- Kitsos Makris Folklore Centre
- Maps & Virtual Tours
- Opening hours
- Staff | Employment | Student Practice
- Members - Users
- Events-Exhibitions
- Developmental Projects ([EPEAEK,...](#))

#### Library Services

- Loans - Renewals - Reservations
- Interlibrary Loans
- Disabilities Support

#### Information Resources Search

- Single Search Discovery Service (EDS)
- Library Catalogue (OPAC)
- Search Journal Collection
- Databases ([EBSCOhost](#) | [SCOPUS](#) | [Web of Science \(Citation Indexes\)](#))
- Electronic Books, Dictionaries,... ([HEAL-Link](#), [EBSCO](#))
- Grey Literature special collection ([theses, proceedings,...](#)) - Institutional Repository
- Kitsos Makris Folklore Centre special collection
- Impact Factor ([JCR - Journal Citation Reports](#))
- Subject Gateways & Portals ([portals, ...](#))
- Other Libraries Catalogues
- Internet Search

#### Library News »



# Search using key words

The screenshot shows the ALINK search interface. At the top left is the ALINK logo with the text 'Ακαδημαϊκών Βιβλιοθηκών' below it. The main heading is 'Start exploring' with the subtext 'Discover the most reliable, relevant, up-to-date research. All in one place.' Below this are tabs for 'Documents', 'Authors', and 'Affiliations'. A search bar contains the text 'Search within Article title, Abstract, Keywords' and 'Search documents \* knee AND injury AND dynamometry'. Below the search bar are links for '+ Add search field', '+ Add date range', and 'Advanced document search >'. On the right side of the search bar are 'Search tips' and a 'Search Q' button. Below the search bar is a message: 'Start searching and your history will appear here. If you need help to start searching check out our search tips.' Three blue arrows point to the search bar, the search query, and the search button.

Use AND  
to combine  
search



# 348 document results

TITLE-ABS-KEY (knee AND injury AND dynamometry)

Edit Save Set alert

Search within results...



## Refine results

Limit to

Exclude

## Open Access

All Open Access (120) >

Gold (54) >

Hybrid Gold (2) >

Bronze (32) >

Green (90) >

Learn more

Documents

Secondary documents

Patents

[View Mendeley Data \(41\)](#)

Analyze search results

Show all abstracts Sort on: Date (newest)



All ▾

Export

Download

View citation overview

View cited by

Add to List

...



Document title

Authors

Year Source

Cited by

1

Eccentric Strength Assessment of Hamstring Muscles with New Technologies: a Systematic Review of Current Methods and Clinical Implications  
*Open Access*

Claudino, J.G., Cardoso Filho, C.A., Bittencourt, N.F.N., (...), Boullosa, D., Serrão, J.C.

2021 Sports Medicine - Open 7(1),10

0


View abstract ▾




[Full Text](#)

Related documents

# Increasing Field Results using asterisk \*




Hellenic Academic Libraries Link  
**HEAL**LINK  
Σύνδεσμος Ελληνικών Ακαδημαϊκών Βιβλιοθηκών


 Scopus

Search Sources Lists SciVal    [Create account](#) [Sign in](#)

**356** document results


TITLE-ABS-KEY (knee AND **injur\*** AND dynamometry)

 Edit  Save  Set alert

Search within results... 

Refine results



[Limit to](#) [Exclude](#)




Open Access 

- All Open Access (121) >
- Gold (54) >
- Hybrid Gold (2) >
- Bronze (33) >
- Green (90) >

[Learn more](#)

Documents Secondary documents Patents [View Mendeley Data \(41\)](#)

 Analyze search results [Show all abstracts](#) Sort on: [Date \(newest\)](#) 

All [Export](#) [Download](#) [View citation overview](#) [View cited by](#) [Add to List](#) [...](#)   

	Document title	Authors	Year	Source	Cited by
<input type="checkbox"/> 1	Eccentric Strength Assessment of Hamstring Muscles with New Technologies: a Systematic Review of Current Methods and Clinical Implications <i>Open Access</i>	Claudino, J.G., Cardoso Filho, C.A., Bittencourt, N.F.N., (...), Boullosa, D., Serrão, J.C.	2021	Sports Medicine - Open 7(1),10	0
	<a href="#">View abstract</a> <a href="#">Full Text</a> <a href="#">Related documents</a>				
<input type="checkbox"/> 2	The effect of meniscal pathology and management with ACL reconstruction on	Byrne, L., King, E., Mc Fadden, C., (...), Moran,	2021	Knee 32, pp. 72-79	0

# Or could Decrease Results using more key words

LINK  
Βιβλιοθηκών

Search Sources Lists SciVal ? 🔔 🏛️

**203** document results

TITLE-ABS-KEY( knee AND injur\* AND dynamometry AND female )

Edit Save Set alert

Search within results...

Documents Secondary documents Patents View Mendeley Data (38)

Analyze search results Show all abstracts Sort on: Date (newest)

All  Export  Download  View citation overview  View cited by  Add to List

	Document title	Authors	Year	Source	Cited by
<input type="checkbox"/> 1	Eccentric Strength Assessment of Hamstring Muscles with New Technologies: a Systematic Review of Current Methods and Clinical Implications <i>Open Access</i>	Claudino, J.G., Cardoso Filho, C.A., Bittencourt, N.F.N., (...), Boullosa, D., Serrão, J.C.	2021	Sports Medicine - Open 7(1),10	0
	<a>View abstract</a> <a>Full Text</a> <a>Related documents</a>				
<input type="checkbox"/> 2	Hip and knee muscle torque and its relationship with dynamic balance in chronic ankle instability, copers and controls	Khalaj, N., Vicenzino, B., Smith, M.D.	2021	Journal of Science and Medicine in Sport 24(7), pp. 647-652	0
	<a>View abstract</a> <a>Full Text</a> <a>Related documents</a>				

**Refine results**

Limit to Exclude

**Open Access**  All Open Access (65)  Gold (26)  Hybrid Gold (2)  Bronze (18)  Green (51)

Learn more

**Year**  2021 (11)

# Search Combining key words & Author's Name

HEAL LINK  
Ελληνικό Ακαδημαϊκό Σύστημα Βιβλιοθηκών

Scopus

Search Sources Lists SciVal

Start exploring  
Discover the most reliable, relevant, up-to-date research. All in one place.

Documents Authors Affiliations

Search within  
Article title, Abstract, Keywords

Search documents \*  
knee injur\* dynamometry female

+ Add search field + Add date range Advanced document search >

Reset Search

1 TITLE-ABS-KEY ( knee AND injur\* AND dynamometry AND female ) 204 results

Search history is only available throughout the length of your session. Save your searches to avoid losing them.

About Scopus Language Customer Service

What is Scopus Content coverage 日本語に切り替える 切换到简体中文 Help Contact us

Annotations: 1 points to the Scopus logo, 2 points to the search input field containing the keywords.

HEAL LINK  
Ελληνικό Ακαδημαϊκό Σύστημα Βιβλιοθηκών

Scopus

Search Sources Lists SciVal

Start exploring  
Discover the most reliable, relevant, up-to-date research. All in one place.

Documents Authors Affiliations

Search using: Author name

Enter last name \*  
hatzigeorgiadis

Enter first name

+ Add affiliation

Search

1 TITLE-ABS-KEY ( knee AND injur\* AND dynamometry AND female ) 204 results

Search history is only available throughout the length of your session. Save your searches to avoid losing them.

About Scopus Language Customer Service

What is Scopus Content coverage 日本語に切り替える 切换到简体中文 Help Contact us

Annotations: 3 points to the Authors tab, 4 points to the last name input field, 5 points to the Search button.

# Results

HEAL LINK  
Σύνδεσμος Ελληνικών Ακαδημαϊκών Βιβλιοθηκών

Scopus

Search Sources Lists SciVal ↗

ⓘ ⏰ 🏛️ Create account Sign in

**2 author results**

About Scopus Author Identifier >

Author last name "hatzigeorgiadis"

[Edit](#)

Show exact matches only

Refine results

Limit to Exclude

Affiliation

- Aristotle University of Thessaloniki (1) >
- Drama General Hospital (1) >
- Drama (1) > ⏪
- General Hospital of Drama (1) >
- General Hospital of Drama (1) >

View more

Sort on: Document count (high-low) ▾

All ▾ Show documents View citation overview Request to merge authors

Author	Documents	<i>h</i> -index ⓘ	Affiliation	City	Country/Territory
<input type="checkbox"/> 1 Hatzigeorgiadis, Antonis	75	20	University of Thessaly	Volos	Greece
View last title ▾					
<input type="checkbox"/> 2 Hatzigeorgiadis, Anestis Hatzigeorgiadis, A.	59	6	General Hospital of Drama	Drama	Greece
View last title ▾					

Display: 20 ▾ results per page

1

⏪ Top of page



## 2 author results

[About Scopus Author Identifier >](#)

Author last name "hatzigeorgiadis"

[Edit](#)

Show exact matches only

Refine results

Limit to

Exclude

Affiliation

Aristotle University of Thessaloniki

(1) >

Drama General Hospital

(1) >

Drama

(1) >

General Hospital of Drama

(1) >

General Hospital of Drama

(1) >

View more

Sort on: Document count (high-low)

All

[Show documents](#)

[View citation overview](#)

[Request to merge authors](#)

	Author	Documents	h-index	Affiliation	City	Country/Territory
<input checked="" type="checkbox"/> 1	Hatzigeorgiadis, Antonis	75	20	University of Thessaly	Volos	Greece
	<a href="#">View last title</a>					
<input type="checkbox"/> 2	Hatzigeorgiadis, Anestis Hatzigeorgiadis, A.	59	6	General Hospital of Drama	Drama	Greece
	<a href="#">View last title</a>					

20

1

[Top of page](#)



# Show Documents

Scopus Search Sources Lists SciVal Create account Sign in

## 75 document results

AU-ID ("Hatzigeorgiadis, Antonis" 6602278210)

Edit Save Set alert

Search within results...

Refine results

Limit to  Exclude

Open Access

- All Open Access (15) >
- Gold (4) >
- Green (14) >

Learn more

Year

- 2021 (6) >
- 2020 (7) >
- 2019 (6) >
- 2018 (6) >
- 2017 (6) >

Documents Secondary documents Patents

Analyze search results [Show all abstracts](#) Sort on: [Date \(newest\)](#)

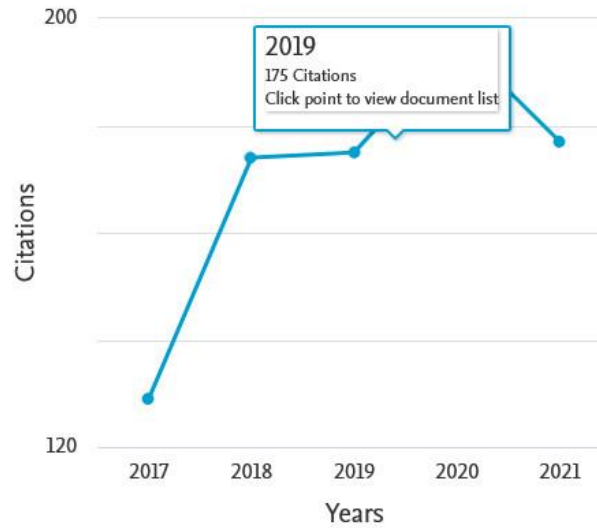
All [Export](#) [Download](#) [View citation overview](#) [View cited by](#) [Add to List](#)

	Document title	Authors	Year	Source	Cited by
<input type="checkbox"/> 1	Physical activity, sedentariness, eating behaviour and well-being during a covid-19 lockdown period in greek adolescents <i>Open Access</i>	Morres, I.D., Galanis, E., Hatzigeorgiadis, A., Androutsos, O., Theodorakis, Y.	2021	Nutrients 13(5),1449	1
	<a href="#">View abstract</a> <a href="#">Full Text</a> <a href="#">Related documents</a>				
<input type="checkbox"/> 2	Effects of a strategic self-talk intervention on attention functions	Galanis, E., Hatzigeorgiadis, A., Comoutos, N., (...), Morres, I.D., Theodorakis, Y.	2021	International Journal of Sport and Exercise Psychology Article in Press	0
	<a href="#">View abstract</a> <a href="#">Full Text</a> <a href="#">Related documents</a>				
<input type="checkbox"/> 3	A moral intervention reduces doping likelihood in	Kavussanu, M., Hurst, P.,	2021	Journal of Sport and Exercise	1

# Citation overview... What is Citation?

Date range: 2017 to 2021  Exclude self citations of selected author  Exclude self citations of all authors  Exclude citations from books [Update](#)

what is citation???



Sort on: Date (newest)

Page  Remove

Documents	Citations	<2017	2017	2018	2019	2020	2021	Subtotal	>2021	Total
	Total	531	129	174	175	196	177	851	0	1382
<input type="checkbox"/> 1 Physical activity, sedentariness, eating behaviour and well-...	2021						1	1		1
<input type="checkbox"/> 2 Effects of a strategic self-talk intervention on attention f...	2021							0		0
<input type="checkbox"/> 3 A moral intervention reduces doping likelihood in british an...	2021						1	1		1
<input type="checkbox"/> 4 A virtual reality app for physical and cognitive training of...	2021						1	1		1
<input type="checkbox"/> 5 The behavioural component of emotions: exploring outward emo...	2021							0		0

# Understanding *h*-index

120

2017 2018 2019 2020 2021

Years

Sort on: Citation count (descending)

Page

most popular (cited) paper

Documents	Citations	<2017	2017	2018	2019	2020	2021	Subtotal	>2021	Total
	Total	531	129	174	175	196	177	851	0	1382
<input type="checkbox"/> 1 Self-talk and sports performance: A meta-analysis	2011	53	18	22	16	17	15	88		141
<input type="checkbox"/> 2 Self-talk in the swimming pool: The effects of self-talk on ...	2004	85	7	8	7	3	1	26		111
<input type="checkbox"/> 3 Mechanisms underlying the self-talk-performance relationship...	2009	50	6	16	11	14	7	54		104
<input type="checkbox"/> 4 Aerobic exercise for adult patients with major depressive di...	2019				12	38	23	73		73
<input type="checkbox"/> 5 Investigating the functions of self-talk: The effects of mot...	2008	41	3	6	5	5	3	22		63
<input type="checkbox"/> 6 Relationships among values, achievement orientations, and at...	2008	28	4	8	9	7	6	34		62
<input type="checkbox"/> 7 Assessing cognitive interference in sport: Development of th...	2000	35	4	8		4	3	19		54
<input type="checkbox"/> 8 Self-talk: It works, but how? Development and preliminary va...	2008	29	4	9	3	4	3	23		52
<input type="checkbox"/> 9 Automatic self-talk questionnaire for sports (ASTQS): Develo...	2009	21	6	8	5	5	4	28		49
<input type="checkbox"/> 10 The moderating effects of self-talk content on self-talk fun...	2007	31	7	1	2	3	1	14		45
<input type="checkbox"/> 11 Self-talk and Competitive Sport Performance	2014	10	7	6	9	1	9	32		42
<input type="checkbox"/> 12 Goal-directed and undirected self-talk: Exploring a new pers...	2014	7	4	9	8	7	5	33		40

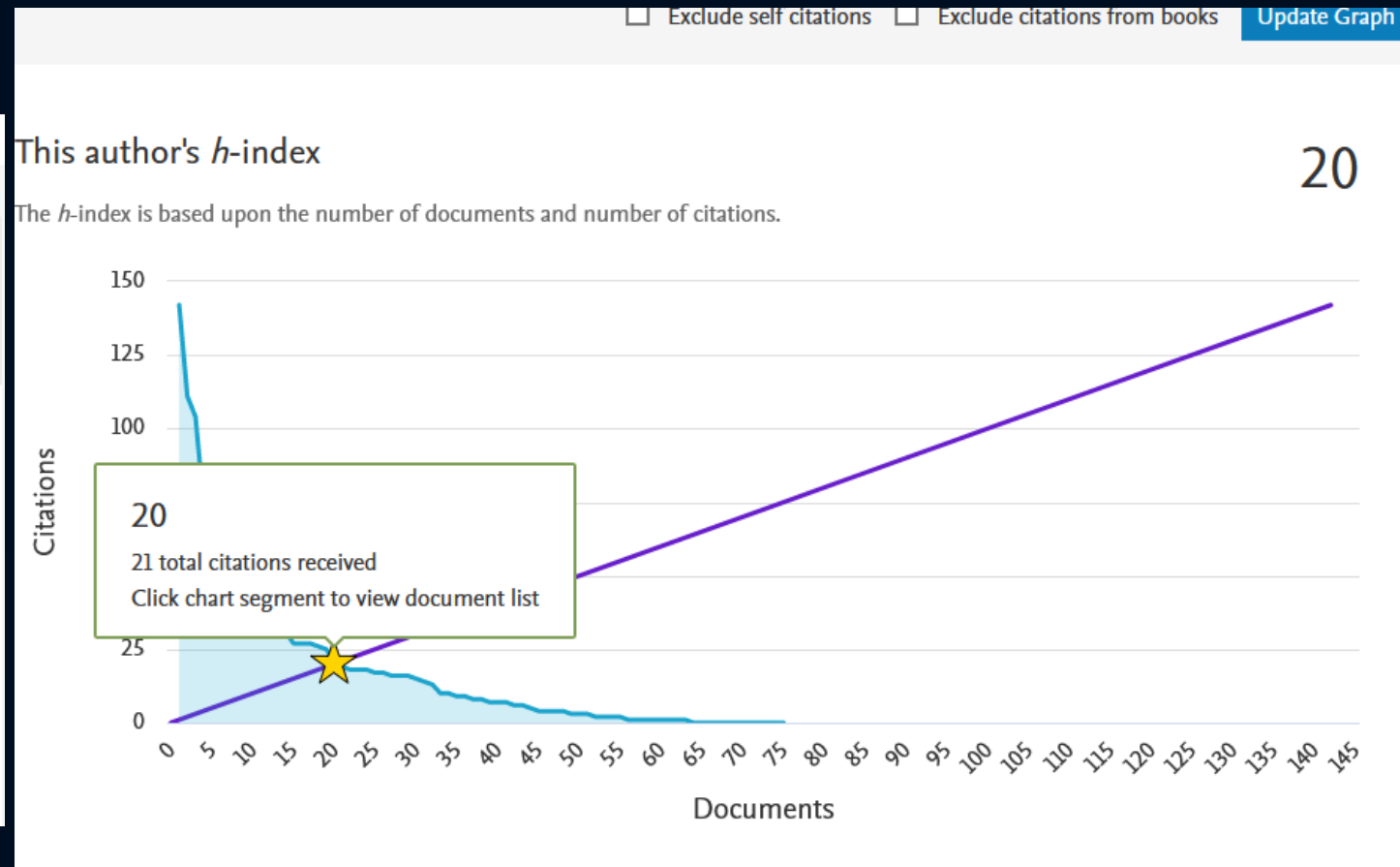
# Find out the last ordering (citation descending) number that is less than corresponding citations

Sort on: Citation count (descending)

Documents	Citations	<2017	2017	2018	2019	2020	2021	Subtotal	>2021	Total
	<b>Total</b>	<b>531</b>	<b>129</b>	<b>174</b>	<b>175</b>	<b>196</b>	<b>177</b>	<b>851</b>	<b>0</b>	<b>1382</b>
<input type="checkbox"/> 1	Self-talk and sports performance: A meta-analysis	2011	53	18	22	16	17	15	88	141
<input type="checkbox"/> 2	Self-talk in the swimming pool: The effects of self-talk on ...	2004	85	7	8	7	3	1	26	111
<input type="checkbox"/> 3	Mechanisms underlying the self-talk-performance relationship...	2009	50	6	16	11	14	7	54	104
<input type="checkbox"/> 4	Aerobic exercise for adult patients with major depressive di...	2019				12	38	23	73	73
<input type="checkbox"/> 5	Investigating the functions of self-talk: The effects of mot...	2008	41	3	6	5	5	3	22	63
<input type="checkbox"/> 6	Relationships among values, achievement orientations, and at...	2008	28	4	8	9	7	6	34	62
<input checked="" type="checkbox"/> 7	Assessing cognitive interference in sport: Development of th...	2000	35	4	8		4	3	19	54
<input type="checkbox"/> 8	Self-talk: It works, but how? Development and preliminary va...	2008	29	4	9	3	4	3	23	52
<input type="checkbox"/> 9	Automatic self-talk questionnaire for sports (ASTOS): Develo...	2009	21	6	8	5	5	4	28	49
<input type="checkbox"/> 10	The moderating ef	2007	31	7	1	2	3	1	14	45
<input type="checkbox"/> 11	Self-talk and Com	2014	10	7	6	9	1	9	32	42
<input type="checkbox"/> 12	Goal-directed and	2014	7	4	9	8	7	5	33	40
<input type="checkbox"/> 13	The integrative rol	2013	5	6	5	7	5	4	27	32
<input type="checkbox"/> 14	The moral disenga	2016		4	8	6	9	4	31	31
<input type="checkbox"/> 15	Goal-Directed and	2017		2	7	9	7	2	27	27
<input type="checkbox"/> 16	Predicting students' intention to smoke by theory of planned...	2011	15	4	1	1	2	4	12	27
<input checked="" type="checkbox"/> 17	A fair play intervention program in school Olympic education	2007	13	5	2	5		2	14	27
<input type="checkbox"/> 18	Athletes' perceptions of how cognitive interference during c...	2001	19	1	2	1	3		7	26
<input type="checkbox"/> 19	A multimethod examination of the relationship between coachi...	2010	11	5	1	1	3	4	14	25
<input checked="" type="checkbox"/> 20	The social side of self-talk: Relationships between percepti...	2011	12	3		2	1	3	9	21
<input checked="" type="checkbox"/> 21	Speaking Clearly . . . 10 Years on: The Case for an Integrat...	2019				4	7	8	19	19
<input type="checkbox"/> 22	Why Self-Talk Is Effective? Perspectives on Self-Talk Mechan...	2016		2	4	3	4	5	18	18
<input type="checkbox"/> 23	The intricacies of verbalizations, gestures, and game outcom	2015	1	4	6	2	5		17	18

7>54  
17>27  
20>21  
δηλ 20 άρθρα έχουν τουλάχιστον >20 αναφορές  
από εδώ και κάτω αλλάζει και ο αριθμός είναι μικρότερος  
των citation δηλ 21<19  
δηλ στα 21 άρθρα υπάρχει κάποιος που έχει <21 citation  
Άρα h-index = 20

# View *h*-graph



# EBSCOhost

**Βιβλιοθήκη & Κέντρο Πληροφόρησης**  
Πανεπιστημίου Θεσσαλίας

Βοήθεια | Επικοινωνία | English edition

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Αρχική σελίδα > Αναζήτηση σε Πληροφοριακές Πηγές > Υπηρεσίες-Διαθέτες Περιοδικών Εκδόσεων / Βάσεις Δεδομένων | Login » |  
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[ Οδηγός χρήσης στα Ελληνικά | Πληροφορίες Πρόσβασης ]

<b>Academic Search Complete</b>	Προσφέρει άμεση πρόσβαση στο πλήρες κείμενο (full-text) περισσότερων από 7.000 και στα περιεχόμενα/περιλήψεις άρθρων περισσότερων από 11.000 περιοδικών εκδόσεων, καλύπτοντας ποικιλία θεμάτων. Επίσης, στη βάση δεδομένων συμπεριλαμβάνεται συλλογή χαρτών και φωτογραφιών με δυνατότητα άμεση πρόσβασης. Η κάλυψη της βάσης δεδομένων για ορισμένα είδη βιβλιογραφίας εκτείνεται από το 1887 έως σήμερα, ενώ η πρόσβαση είναι δυνατή για απεριόριστους ταυτόχρονους χρήστες.
<b>EconLit</b>	Περιέχει περισσότερες από 1 εκατομμύριο βιβλιογραφικές αναφορές και περιλήψεις άρθρων στο αντικείμενο των οικονομικών επιστημών. Η κάλυψη της βάσης δεδομένων εκτείνεται από το 1969 έως σήμερα, ενώ η πρόσβαση είναι δυνατή για ένα ταυτόχρονο χρήστη (έναν μόνο χρήστη μπορεί να εκτελεί αναζήτηση στη βάση σε δεδομένη χρονική στιγμή).
<b>GreenFILE</b>	Περιέχει βιβλιογραφικές αναφορές, περιλήψεις άρθρων και πρόσβαση στο πλήρες κείμενο περισσότερων από 4.700 εγγράφων. Η θεματολογία καλύπτει τα πεδία της ανθρώπινης επίδρασης στο περιβάλλον, η πρόσβαση είναι δυνατή για απεριόριστους ταυτόχρονους χρήστες και παρέχεται στα μέλη του ΠΘ δωρεάν από την EBSCO.
<b>Library, Information Science &amp; Technology Abstracts (LISTA)</b>	Περιέχει βιβλιογραφικές αναφορές και περιλήψεις βιβλίων, ερευνητικών αναφορών, πρακτικών συνεδρίων και άρθρων από περισσότερα από 600 περιοδικά. Η θεματολογία καλύπτει τα πεδία της βιβλιοθηκονομίας και της επιστήμης της πληροφόρησης. Η κάλυψη της βάσης δεδομένων για ορισμένα είδη βιβλιογραφίας εκτείνεται από το 1965 έως σήμερα, ενώ η πρόσβαση είναι δυνατή για απεριόριστους ταυτόχρονους χρήστες.
<b>PsycINFO</b>	Περιέχει περισσότερες από 2,5 εκατομμύρια βιβλιογραφικές αναφορές και περιλήψεις άρθρων από περισσότερα από 2.400 περιοδικά, καθώς και βιβλίων, διατριβών και τεχνικών εκδόσεων σε όλα τα πεδία της ψυχολογίας. Η κάλυψη της βάσης δεδομένων για ορισμένα είδη βιβλιογραφίας εκτείνεται από το 1800 έως σήμερα, ενώ η πρόσβαση είναι δυνατή για απεριόριστους ταυτόχρονους χρήστες.
<b>SPORTDiscus with Full Text</b>	Προσφέρει άμεση πρόσβαση στο πλήρες κείμενο (full-text) άρθρων από περισσότερα από 440 περιοδικά στον τομέα της επιστήμης φυσικής αγωγής & αθλητισμού. Επίσης περιλαμβάνει πάνω από 700.000 βιβλιογραφικές αναφορές από περίπου 1.200 επιστημονικά περιοδικά, καθώς και από βιβλία, πρακτικά συνεδρίων, μεταπτυχιακές διατριβές - εργασίες και δικτυακούς τόπους. Η κάλυψη της βάσης δεδομένων για ορισμένα είδη βιβλιογραφίας εκτείνεται από το 1800 έως σήμερα, ενώ η πρόσβαση είναι δυνατή για 2-4 ταυτόχρονους χρήστες (μέχρι 4 χρήστες μπορούν να εκτελούν αναζητήσεις στη βάση σε δεδομένη χρονική στιγμή).

Αρχική σελίδα | Γλώσσες | Αναζήτηση site | Βοήθεια | Επικοινωνία | English edition

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- Library Catalogue (OPAC)
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- Grey Literature special collection (theses, proceedings, ...) - Institutional Repository
- Kitsos Makris Folklore Centre special collection
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- Subject Gateways & Portals (portals, ...)
- Other Libraries Catalogues
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- Interlibrary Loans
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| HEAL-Link | AcaDelib » |

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A ①

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#### Search Modes and Expanders

##### Search modes

- Boolean/Phrase
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- Find any of my search terms
- SmartText Searching [Hint](#)

##### Apply related words

##### Also search within the full text of the articles

##### Apply equivalent subjects

#### Limit your results

##### Full Text

##### Scholarly (Peer Reviewed) Journals

##### References Available

##### Publication



New Search Subjects Publications Images Dictionary More

EBSCOhost Searching: Academic Search Ultimate, Show all | Choose Databases

self talk TX All Text Search

AND Select a Field (optional) Clear

AND Select a Field (optional) + -

Basic Search Advanced Search Search History

Refine Results

Current Search

Boolean/Phrase: TX self talk

Expanders Apply equivalent subjects

Limit To

Full Text

References Available

Scholarly (Peer Reviewed) Journals

From: 1710 To: 2022 Publication Date

Show More

Search Results: 1 - 10 of 22,458

1. An Empirical Test of the Self-Talk Dissonance Hypothesis: The Effects of Self-Talk On

Hong, Xiaobin; Liao, Yingying; Shi, Yan; Qi, Changzhu; Zhao, Mengyan; Van Raalte, Judy L., Sport Psychologist

Full Text

Academic Journal Subjects: ANALYSIS of covariance; SELF-talk; HYPOTHESIS

HTML Full Text PDF Full Text (117KB)

2. An Empirical Investigation of the Relationships between Motivation and Athlete Performance in Combat Sports.

/ Kendinle Konuşmanın Aracılık Etkisi ile Motivasyon ve Sporcu Performansı Arasındaki İlişkilerin Ampirik Bir İnceleme

Sciences Research/ Spor Bilimleri Araştırmaları Dergisi 2021, Vol. 6 Issue 1, p13 (English Abstract Available), D

Academic Journal Subjects: PSYCHOLOGY of athletes; COMBAT sports; BOXING; SELF-talk; QUESTIONNAIRES

PDF Full Text (1.1MB)

# Searching Methods

Key Words / all text  
*Not very efficient*  
*Not Very Effective*



Searching: Academic Search Ultimate, Show all Choose Databases

self talk TI Title Search

AND Select a Field (optional)

AND Select a Field (optional)

Basic Search Advanced Search Search History

Refine Results

Current Search

Boolean/Phrase:

TI self talk

Expanders

Apply equivalent subjects

Limit To

- Full Text
References Available
Scholarly (Peer Reviewed) Journals

From: 1865 To: 2021 Publication Date

Show More

Search Results: 1 - 10 of 1,073

1. Ein theoretischer Beitrag zu Self-talk in der Sportpsychologie.



Academic Journal

/ A Theoretical Article on Self-Talk in Sports Psychology.Fritsch, Julian; Hatzigeorgiadis, Antonis; Jekauc...

2. The effects of positive or negative self-talk on the alteration of brain functional co...



Academic Journal

By: Kim, Junhyung; Kwon, Joon Hee; Kim, Joohan; Kim, Eun Joo; Kim, Hesun Erin; Kyeong, Sunghyon; K...

Subjects: SELF-talk; FUNCTIONAL connectivity; COGNITIVE ability; FUNCTIONAL magnetic resonance

HTML Full Text PDF Full Text (1.6MB)

Video Results (3 of 257)

Searching Methods

Key Words in Title field

# Searching Methods

Key Words in **Title** field and **source (journal)**

New Search Subjects Publications Images Dictionary More

EBSCOhost Searching: Academic Search Ultimate, Show all Choose Databases

self talk TI Title Search

AND sport psychology SO Source Clear

AND Select a Field (optional) + -

Basic Search Advanced Search Search History

Refine Results

Current Search

Boolean/Phrase:  
TI self talk AND SO sport psychology

Expanders  
Apply equivalent subjects

Limit To

Full Text  
 References Available  
 Scholarly (Peer Reviewed) Journals

From: 1981 To: 2021  
Publication Date

Search Results: 1 - 10 of 169

1. Ein theoretischer Beitrag zu **Self-talk** in der Sportpsychologie.  
/ A Theoretical Article on **Self-Talk** in Sports **Psychology**. Fritsch, Julian; Hatzigeorgiadis, Antonis; Jekauc, Darko; Latinjak, Alexander. *Sportpsychologie* Jul2020, Vol. 27 Issue 3, p85, Database: SPORTDiscus with Full Text  
Academic Journal

2. Embrace the challenge: Acknowledging a challenge following negative **Self-Talk** improves performance.  
DeWolfe, Christopher E. J.; Scott, David; Seaman, Kenneth A., *Journal of Applied Sport Psychology* Sep-Oct2021, Vol. 33 Issue 5, p455-465, Database: SPORTDiscus with Full Text  
**Subjects:** EXERCISE tests; ENDURANCE sports training; MOTIVATION (**Psychology**); CARDIOPULMONARY system; CYCLING; ATHLETIC performance; **SELF-talk**  
Academic Journal

Video Results (3 of 257)



Searching: Academic Search Ultimate, Show all | Choose Databases

self talk TI Title Search

AND sport AB Abstract Clear

AND athlete Select a Field (optional) + -

Basic Search Advanced Search Search History

Refine Results

Current Search

Boolean/Phrase:

TI self talk AND AB sport AND athlete

Expanders

Apply equivalent subjects

Limit To

- Full Text
References Available
Scholarly (Peer Reviewed) Journals

From: 1992 To: 2021 Publication Date

Search Results: 1 - 10 of 129

1. The Effect of Self-Talk on Athletes



By: Bülbül, Alpay; Akyol, Gamze. African Educational Research Journal, v8 n3 p640-648 Sep 2020. (EJ1274474), Datab

Subjects: Self Motivation; Inner Speech (Subvocal); Athletes; Performance Factors; Emotional Response; Criticism; S Gender Differences; Adults; Adolescents; Foreign Countries; Turkey

Full Text from ERIC

2. The Effects of Self-Talk on Shooting Athletes' Motivation.



By: Sang-Hyuk Park; Bong-Suk Lim; Seung-Taek Lim. Journal of Sports Science & Medicine. Sep2020, Vol. 19 Issue 3,

Subjects: ANALYSIS of variance; ATHLETES; ATHLETIC ability; MOTIVATION (Psychology); MULTIVARIATE analysis; S DESCRIPTIVE statistics; SOUTH Korea; Other Spectator Sports

PDF Full Text (636KB)

Video Results (2 of 2)

# Common fields in Searching

Search Subjects Publications Images Dictionary More

Searching: **Academic Search Ultimate**, [Show all](#) | [Choose Databases](#)

self talk TI Title Search


AND sport AB Abstract Clear ?

AND athlete Select a Field

[Basic Search](#) [Advanced Search](#) [Search History](#)

Search Results: 1 - 10 of 129

1. **The Effect of Self-Talk on Athletes**

 Academic Journal



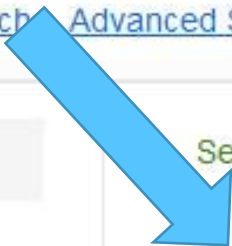
By: Bülbül, Alpay; Akyol, Gamze. African Education Journal, v8 n3 p640-648 Sep 2020. (C)

**Subjects:** Self Motivation; Inner Speech (Suovocari), **Athletes**, Performance Factors; Emotional Resilience; Gender Differences; Adults; Adolescents; Foreign Countries; Turkey

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- AU Author
- TI Title
- SU Subject Terms
- SO Source
- AB Abstract
- IS ISSN
- IB ISBN



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## The Effect of **Self-Talk** on **Athletes**

**Συγγραφέας(είς):** [Bülbül, Alpay](#); [Akyol, Gamze](#)

**Πηγή:** [African Educational Research Journal](#), v8 n3 p640-648 Sep 2020. 9 pp.

**Διαθεσιμότητα:** Net Journals. 25 Akintola Road, Sapele, Delta State, 331107, Nigeria. e-mail: [service@netjournals.org](mailto:service@netjournals.org); Web site: [http://www.netjournals.org/aer\\_index.html](http://www.netjournals.org/aer_index.html)

**Έγκριτο:** Y

**Διεθνής αριθμός τυποποίησης έκδοσης σειράς (ISSN):** 2354-2160

**Εργαλεία περιγραφής:** [Self Motivation](#), [Inner Speech \(Subvocal\)](#), [Athletes](#), [Performance Factors](#), [Emotional Response](#), [Criticism](#), [Self Evaluation \(Individuals\)](#), [Self Management](#), [Social Environment](#), [Age Differences](#), [Gender Differences](#), [Adults](#), [Adolescents](#), [Foreign Countries](#)

**Location Identifiers:** [Turkey](#)

**Περίληψη:** The purpose of this study is to examine the effect of **self-talk** on motivation and performance of individuals by different variants. The sample of the research consisted of 233 **athletes** in total, 113 are women and 120 are men living in 30 different provinces in Turkey and interested in different branches in 2020. The '**self-talk** scale', developed by Brinthaup, Hein and Kramer (2009) and adopted to Turkish by Akin et al. (2010) which aims to assess the emotional, behavioral and cognitive aspects of the **self-talk**, was used as a data collection tool. The data obtained in the study were analyzed by using the IBM SPSS (Statistical Package for Social Sciences) for Windows 15.0 program. Number, percentage and frequency were used as descriptive statistical methods in the evaluation of data. According to the obtained data, significant differences between the age variant and '**self-criticism**' which is the sub-dimension of **self-talk** scale, between '**social assessment**' and '**self-criticism**' which are the sub-dimensions of gender and **self-talk** scale, and between the level of doing **sports** and the sub-dimension of **self-criticism** have been gained.

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## The Effect of Self-Talk on Athletes

Bülbül, Alpay; Akyol, Gamze

African Educational Research Journal, v8 n3 p640-648 Sep 2020

The purpose of this study is to examine the effect of self-talk on motivation and performance of individuals by different variants. The sample of the research consisted of 233 athletes in total, 113 are women and 120 are men living in 30 different provinces in Turkey and interested in different branches in 2020. The 'self-talk scale', developed by Brinthaupt, Hein and Kramer (2009) and adopted to Turkish by Akin et al. (2010) which aims to assess the emotional, behavioral and cognitive aspects of the self-talk, was used as a data collection tool. The data obtained in the study were analyzed by using the IBM SPSS (Statistical Package for Social Sciences) for Windows 15.0 program. Number, percentage and frequency were used as descriptive statistical methods in the evaluation of data. According to the obtained data, significant differences between the age variant and 'self-criticism' which is the sub-dimension of self-talk scale, between 'social assessment' and 'self-criticism' which are the sub-dimensions of gender and self-talk scale, and between the level of doing sports and the sub-dimension of self-criticism" have been gained.

Descriptors: [Self Motivation](#), [Inner Speech \(Subvocal\)](#), [Athletes](#), [Performance Factors](#), [Emotional Response](#), [Criticism](#), [Self Evaluation \(Individuals\)](#), [Self Management](#), [Social Environment](#), [Age Differences](#), [Gender Differences](#), [Adults](#), [Adolescents](#), [Foreign Countries](#)

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ISBN: N/A

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# Full Article...



*African Educational Research Journal*  
Vol. 8(3), pp. 640-648, September 2020  
DOI: 10.30918/AERJ.83.20.141  
ISSN: 2354-2160  
*Full Length Research Paper*

## The effect of self-talk on athletes

Alpay Bülbül\* and Gamze Akyol

Faculty of Sport Science, Sinop University, Turkey.

Accepted 1 September, 2020

### ABSTRACT

The purpose of this study is to examine the effect of self-talk on motivation and performance of individuals by different variants. The sample of the research consisted of 233 athletes in total, 113 are women and 120 are men living in 30 different provinces in Turkey and interested in different branches in 2020. The 'self-talk scale', developed by Brinthaupt, Hein and Kramer (2009) and adopted to Turkish by Akin et al. (2010) which aims to assess the emotional, behavioral and cognitive aspects of the self-talk, was used as a data collection tool. The data obtained in the study were analyzed by using the IBM SPSS (Statistical Package for Social Sciences) for Windows 15.0 program. Number, percentage and frequency were used as descriptive statistical methods in the evaluation of data. According to the obtained data, significant differences between the age variant and 'self-criticism' which is the sub-dimension of self-talk scale, between 'social assessment' and 'self-criticism' which are the sub-dimensions of gender and self-talk scale, and between the level of doing sports and the sub-dimension of self-criticism" have been gained.

**Keywords:** Self-talk, athlete, motivation.

\*Corresponding author. E-mail: [alpaybulbul60@hotmail.com](mailto:alpaybulbul60@hotmail.com). Tel: 05053730309.

### INTRODUCTION

Individuals tend to speak internally, unconsciously or willingly for most of their lives. This can enable these

An important point to consider in the process of self-talk is whether it is a simple that reflects a limited part of



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  - Title (key words): self talk review
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Van Raalte, Judy L.; Vincent, Andrew; Brewer, Britton W.; Psychology of Sport and Exercise, Vol 22, Jan, 2016 pp. 139-14

Subjects: Oral Communication; Self-Talk; Sport Psychology; Dual Process Models

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## Self-talk: Review and sport-specific model.

**Authors:** [Van Raalte, Judy L.](#) Department of Psychology, Springfield College, Springfield, MA, US, [jvanraal@springfieldcollege.edu](mailto:jvanraal@springfieldcollege.edu)  
[Vincent, Andrew](#) Department of Psychology, Springfield College, Springfield, MA, US, [andrew.vincent0@gmail.com](mailto:andrew.vincent0@gmail.com)  
[Brewer, Britton W.](#) Department of Psychology, Springfield College, Springfield, MA, US, [bbrewer@springfieldcollege.edu](mailto:bbrewer@springfieldcollege.edu)

**Address:** Van Raalte, Judy L., Department of Psychology, Springfield College, 263 Alden St., Springfield, MA, US, 01109, [jvanraal@springfieldcollege.edu](mailto:jvanraal@springfieldcollege.edu)

**Source:** [Psychology of Sport and Exercise](#), Vol 22, Jan, 2016. pp. 139-148.

**NLM Title** Psychol Sport Exerc  
**Abbreviation:**

**Page Count:** 10

**Publisher:** Netherlands : Elsevier Science

**ISSN:** 1469-0292 (Print)  
1878-5476 (Electronic)

**Language:** English

**Keywords:** Inner speech, **Self**-communication, Dual process, Sport psychology, Theory

**Abstract:** **Self-talk** is a key component of the sport psychology canon. Although **self-talk** has been widely endorsed by athletes and coaches as a p  
**talk** in sport that might be used to guide systematic research has yet to be developed. This purpose of this paper is to: (a) **review** theory  
specific model that builds upon existing theory and research, and addresses key questions related to **self-talk**. The paper begins with a de  
nature of inner speech and dual process theories. Extant **self-talk** models related to **self-talk** in sport are reviewed and serve as a founda  
model (i.e., **self-talk**, System 1, System 2, behaviour, contextual factors, personal factors) are presented, the reciprocal relationships amo

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## Self-talk: Review and sport-specific model.

**Authors:** [Van Raalte, Judy L.](#). Department of Psychology, Springfield College, Springfield, MA, US, [jvanraal@springfieldcollege.edu](mailto:jvanraal@springfieldcollege.edu)  
[Vincent, Andrew](#). Department of Psychology, Springfield College, Springfield, MA, US, [andrew.vincent0@gmail.com](mailto:andrew.vincent0@gmail.com)  
[Brewer, Britton W.](#). Department of Psychology, Springfield College, Springfield, MA, US, [bbrewer@springfieldcollege.edu](mailto:bbrewer@springfieldcollege.edu)

**Address:** Van Raalte, **Judy L.**, Department of Psychology, Springfield College, 263 Alden St., Springfield, MA, US, 01109, [jvanraal@springfieldcollege.edu](mailto:jvanraal@springfieldcollege.edu)

**Source:** [Psychology of Sport and Exercise](#), Vol 22, Jan, 2016. pp. 139-148.

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1. [Psychology of Sport and Exercise](#)

ISSN: 1469-0292, 1878-5476. Psychology.

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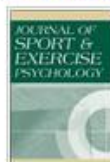
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[Full Text Access](#)3. [Journal of sport & exercise psychology](#)

ISSN: 0895-2779, 1543-2904. Sports &amp; Leisure (General).

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Journal

4. [Sport, Exercise, and Performance Psychology](#)

ISSN: 2157-3905, 2157-3913. Educational Psychology.

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Psychology of Sport & Exercise

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## Psychology of Sport and Exercise

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- [ScienceDirect \(HEAL-Link\) 01/01/2000 - present](#)

ISSN: 1469-0292 (print)  
1878-5476 (online)

**Publisher Information:** Elsevier Science Limited

**Resource Type:** Journal

**Subjects:** Psychology

**URL:** <https://www.elsevier.com/>

**Frequency:** 6

**Peer Reviewed:** Yes

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#### Source Types

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Search Results: 1 - 10 of 47

### 1. [Endorsement and Constructive Criticism of an Innovative Online Reflexive Self-Talk Intervention.](#)



Academic Journal

(English) ; Abstract available. By: **Latinjak** AT; Hernando-Gimeno C; Lorida-Méndez L; Hardy J, *Frontiers in psychology* [Front Psychol], ISSN: 1750-5019, 2020, Vol. 11, Database: MEDLINE Frontiers Research Foundation; PMID: 31447746, Database: MEDLINE

### 2. [Ein theoretischer Beitrag zu Self-talk in der Sportpsychologie.](#)



Academic Journal

/ A Theoretical Article on **Self-Talk** in Sports Psychology.Fritsch, Julian; Hatzi Georgiadis, Antonis; Jekauc, Darko; **Latinjak**, Alexander T., *German Journal of Sport Psychology* Jul2020, Vol. 27 Issue 3, p85, Database: SPORTDiscus with Full Text

### 3. [Goal-directed self-talk used to self-regulate in male basketball competitions.](#)



Academic Journal

(English) ; Abstract available. By: **Latinjak** AT; Torregrossa M; Comoutos N; Hernando-Gimeno C; Ramis Y, *Journal of sports sciences* [J Sports Sci], ISSN: 0264-0759, 2020, Vol. 38, Database: MEDLINE Publisher: Routledge; PMID: 30616448, Database: MEDLINE

**Subjects:** Athletic Performance psychology; Basketball psychology; Competitive Behavior; Goals; Motivation; Adolescent: 13-18 years; Young Adult Male



Academic  
Journal

PsycInfo

**Subjects:** No terms assigned

## 8. Athletes' use of goal-directed **self-talk**: Situational determinants and functions.



Academic  
Journal

**Latinjak**, Alexander T.; Masó, Marc; Calmeiro, Luis; Hatzigeorgiadis, Antonis, International Journal of Sport & Exercise Psychology Nov2020, Vol. 18 Issue 6, p73-SPORTDiscus with Full Text

**Subjects:** GOAL (Psychology); YOUNG adults; ATHLETES; MOTIVATION (Psychology); **SELF-talk**; TIME perception; INTERPERSONAL conflict

## 9. Autohabla y deporte: una revisión interpretativa.



Academic  
Journal

Sport **self-talk**: an interpretative review. / Auto-fala do esporte: uma revisão interpretativa. By: **Latinjak**, Alexander T.; Ramis, Yago; Hatzigeorgiadis, Antonis; To Deporte. 2018, Vol. 27 Issue 2, p75-85. 11p. Language: Spanish. , Database: Academic Search Ultimate

**Subjects:** **SELF-talk**; PSYCHOLOGY of athletes; THOUGHT & thinking; COGNITION; **SELF**-help techniques; **SELF** regulation; Other Spectator Sports

 [PDF Full Text](#) (753KB)

## 10. Speaking clearly . . . 10 years on: The case for an integrative perspective of **self-talk** in sport.



Academic  
Journal

**Latinjak**, Alexander T.; Hatzigeorgiadis, Antonis; Comoutos, Nikos; Hardy, James; Sport, Exercise, and Performance Psychology, Vol 8(4), Nov, 2019 pp. 353-367 Foundation; [Journal Article], Database: APA PsycInfo

**Subjects:** Athletes; Cognitions; Cognitive Processes; **Self-Talk**

Detailed Record

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# Speaking clearly . . . 10 years on: The case for an integrative perspective of self-talk in sport.

**Authors:** [Latinjak, Alexander T.](#), ORCID [0000-0003-4412-872X](#) . School for Psychology and Education, University of Suffolk, Suffolk, United Kingdom, [a.latinjak@uos.ac.uk](mailto:a.latinjak@uos.ac.uk)  
[Hatzigeorgiadis, Antonis](#), ORCID [0000-0001-7062-479X](#) . Department of Physical Education and Sport Science, University of Thessaly, Greece  
[Comoutos, Nikos](#). Department of Physical Education and Sport Science, University of Thessaly, Greece  
[Hardy, James](#). Institute for the Psychology of Elite Performance (IPEP), School of Sport, Health and Exercise Sciences, Bangor University, Bangor, United Kingdom

**Address:** Latinjak, Alexander T., School for Psychology and Education, University of Suffolk, Waterfront Building, 19 Neptune Quay, Suffolk, United Kingdom, IP4 1QJ, [a.latinjak@uos.ac.uk](mailto:a.latinjak@uos.ac.uk)

**Source:** [Sport, Exercise, and Performance Psychology](#), Vol 8(4), Nov, 2019, pp. 353-367.

**NLM Title Abbreviation:** Sport Exerc Perform Psychol

**Page Count:** 15

**Publisher:** US : Educational Publishing Foundation

**ISSN:** 2157-3905 (Print)  
2157-3913 (Electronic)

**Language:** English

**Keywords:** athletes, conceptualization, thoughts, cognitive processes, private speech

**Abstract:** Over a decade ago, Hardy (2006) published his literature review that contained a working definition that has shaped subsequent studies about **self-talk**, contributing to the noticeable expansion of the **self-talk** research area. The rapid development of the **self-talk** literature in sport since then has bred the need to rethink how **self-talk** is conceptualized. The purpose of the present article was 2-fold (a) to review how conceptualizations of **self-talk** and the associated research perspectives have changed during the past decade and (b) to introduce a new integrative conceptualization of sport **self-talk** main developments that alter our view of what **self-talk** is, reinforcing the need for a new conceptualization: the identification of 2 distinct **self-talk** entities (organic **self-talk** and strategic **self-talk**) and the distinctions between spontaneous and goal-directed **self-talk**, as these emerged within organic **self-talk**. Consequently, we propose a new integrative conceptualization of **self-talk**. We believe a conceptualization to be sufficient so as to guide future research, several attributes of **self-talk** ought to be recognized: the necessary and sufficient attributes that define **self-talk** and important attributes, including overtness, interpretation, origins, and functions, which facilitate the understanding and the study of the **self-talk** phenomena. (PsycInfo Database Record (c) 2020 APA, all rights reserved)

**Document Type:** Journal Article

**Subjects:** [\\*Athletes](#); [\\*Cognitions](#); [\\*Cognitive Processes](#); [\\*Self-Talk](#); [Concept Formation](#)

**PsycINFO Classification:** Cognitive Processes (2340)

Sport, Exercise, and Performance Psychology, Vol 8(4), Nov, 2019, pp. 353-367.

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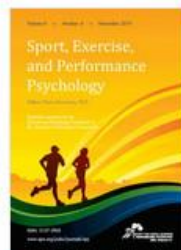
American Psychological Association  
Sport, Exercise, & Performance  
Psychology (2011-2021)  
ISSN: 2157-3905  
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Sport, Exercise, & Performance Psychology

Volume 8(4) pgs. 353-402 November 2019

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Van Raalte, Judy L.; Vincent, Andrew; Dickens, Yani L.; Brewer, Britton W.

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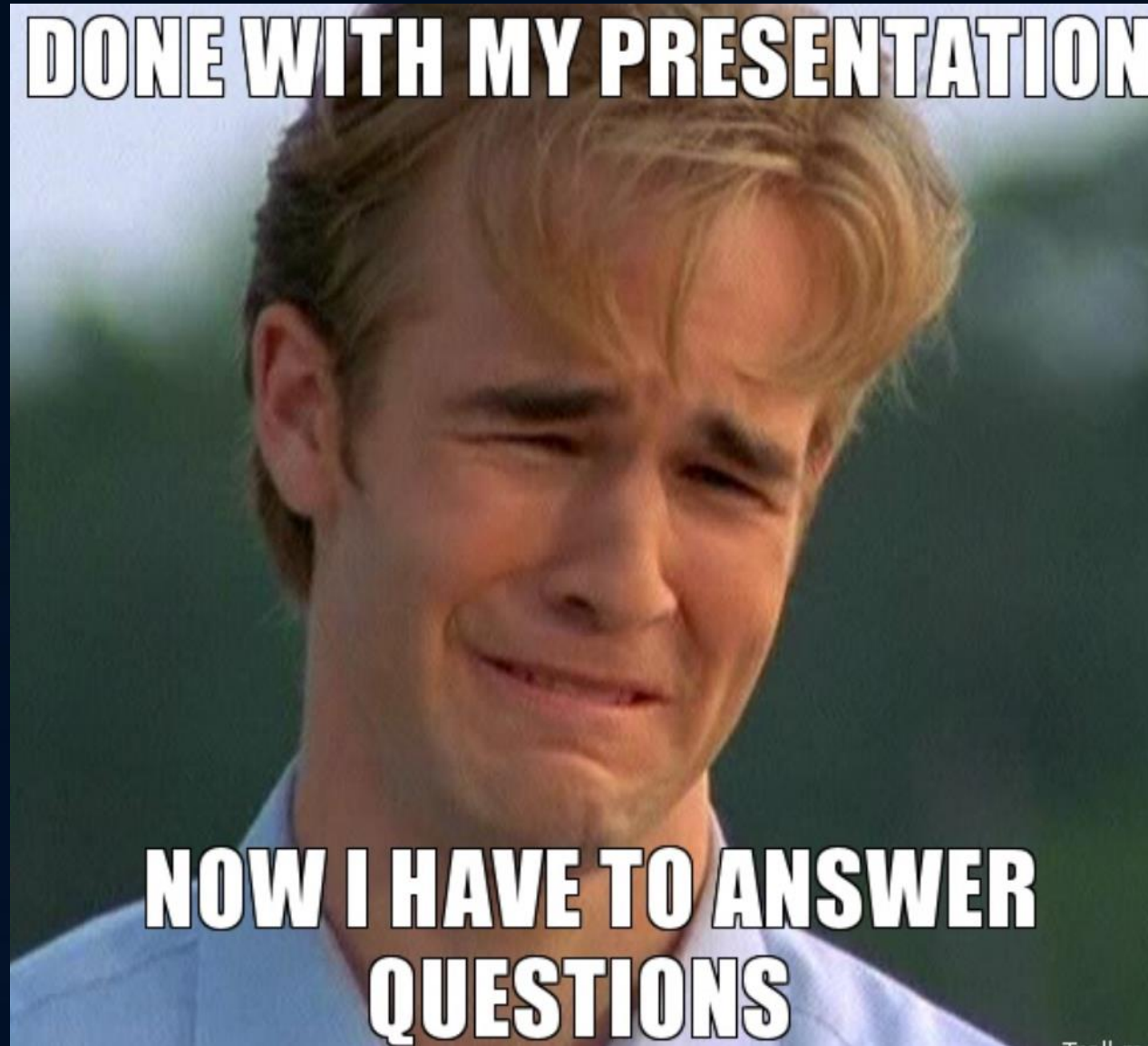
pg. 387-400

DOI: 10.1037/spy0000136

# Topics for Search

- the effectiveness of anxiety regulating interventions in competitive athletes
- team-building interventions in sport
- positive effects of exercise in depressed adults
- effects of autonomy support in football players
- imagery and performance in shooting

**DONE WITH MY PRESENTATION**



**NOW I HAVE TO ANSWER  
QUESTIONS**

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