

**Factorial ANOVA**  
**(between groups)**  
**Two-way ANOVA**

**Nikos Comoutos & Antonis Hatzigeorgiadis**

## Tests of group differences

1 independent variable (2 levels) – 1 dependent → Independent t-test

1 independent variable (3+ levels) – 1 dependent → one-way ANOVA

2 independent variables – 1 dependent → two-way ANOVA

When?

To analyze a situation in which there are two or more independent variables

Specific name

The specific names (e.g., two-way Anova) reflect the experimental design

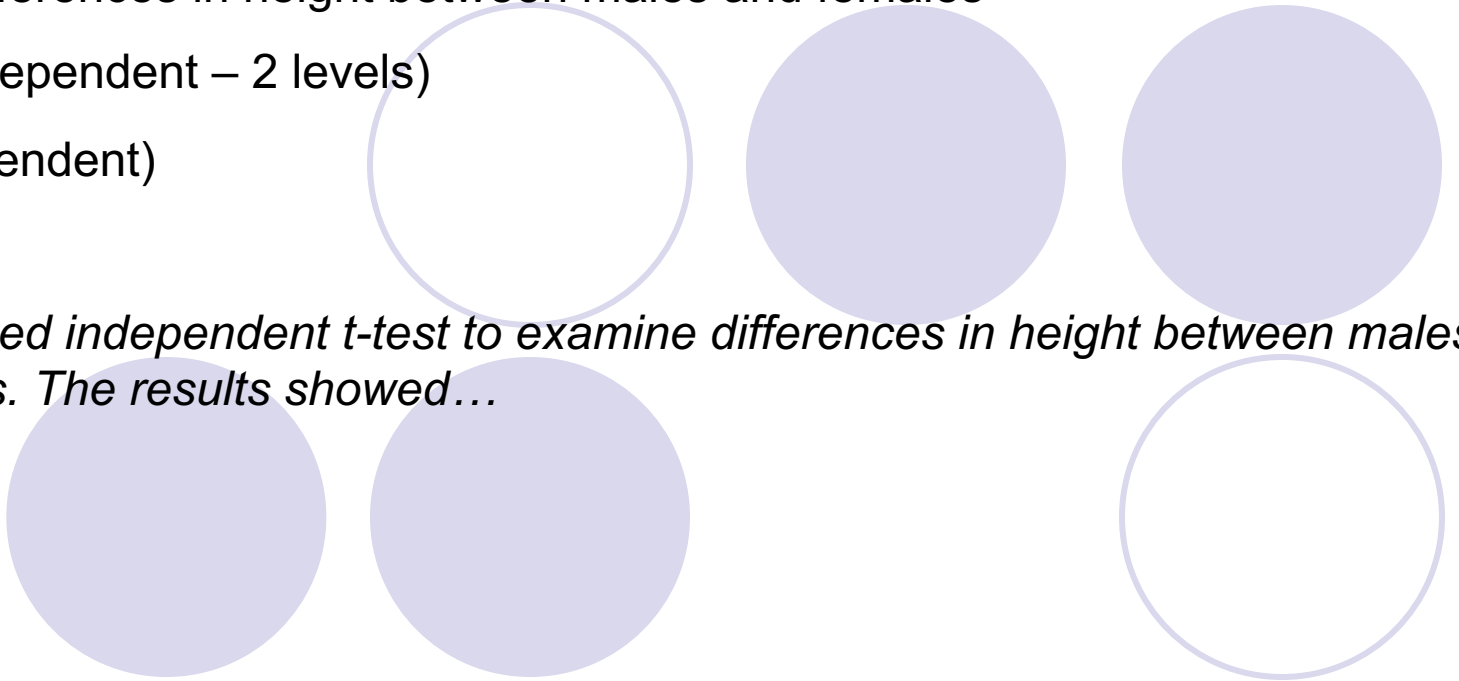
1 independent variable (2 levels) – dependent → t-test

Examine differences in height between males and females

Gender (independent – 2 levels)

Height (dependent)

*We conducted independent t-test to examine differences in height between males and females. The results showed...*



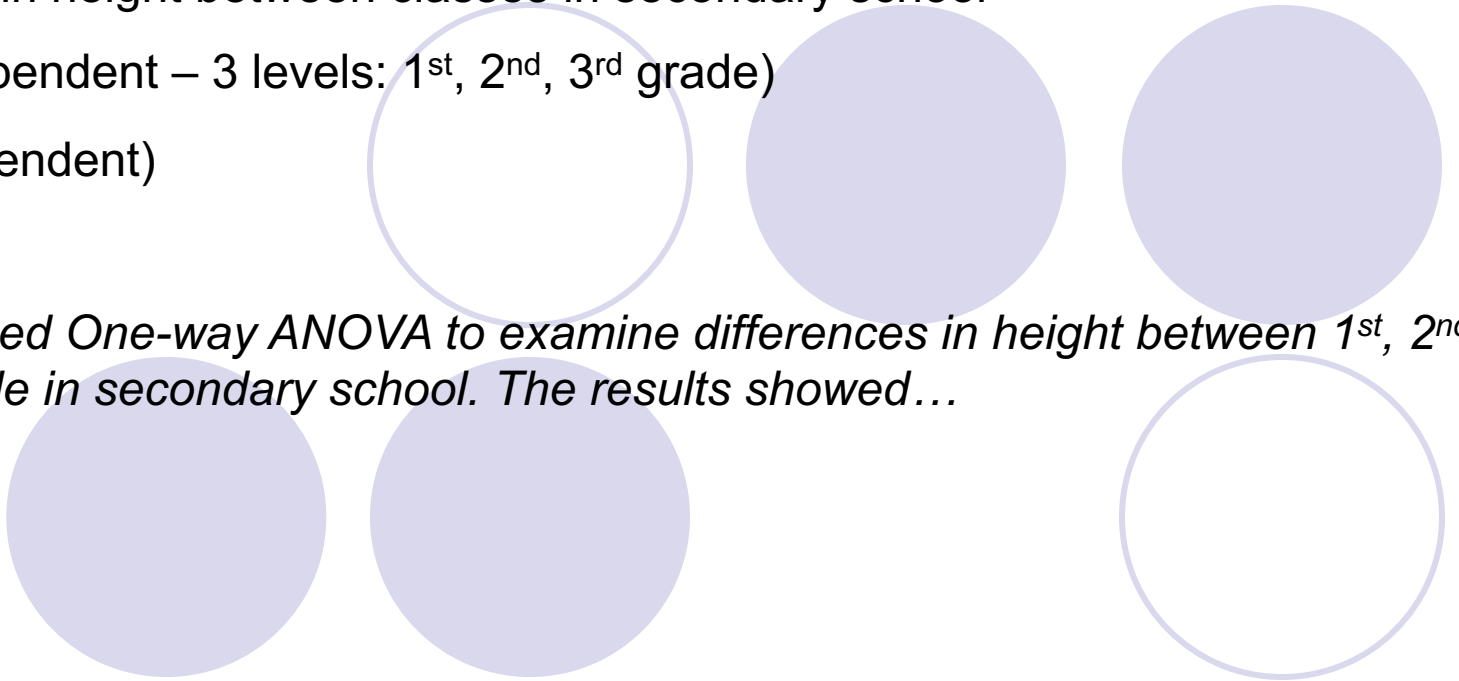
1 independent (>2 επίπεδα) – 1 dependent → one-way ANOVA

Differences in height between classes in secondary school

Class (independent – 3 levels: 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> grade)

Height (dependent)

*We conducted One-way ANOVA to examine differences in height between 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> grade in secondary school. The results showed...*



2 independent variables – 1 dependent → two-way ANOVA

Differences in height between grades and gender

Grades (independent – 3 levels: 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> grade)

Gender (independent- 2 levels)

Height (dependent)

*We conducted two-way ANOVA to examine differences in height between males and females in the 1<sup>st</sup>, 2<sup>nd</sup> and the 3<sup>rd</sup> grade. The results showed...*



# **Example – 2**(levels of the first factor) **x2**(levels of the second factor) **ANOVA**

To determine the effectiveness of different methods of training (PNF and passive flexibility) in flexibility between males and females

**Two-factor designs examine the separate and combined effects of two independent variables upon a dependent variable**



# Questions of the two-factor design

- **Main effect for gender: Do men increase in flexibility more than women as a result of flexibility training?**
- **Main effect for training method: Is PNF more effective than passive training in increasing flexibility?**
- **Interaction between Gender and Training method: Does the effectiveness of PNF and passive training depend upon whether the stretching training is being followed by men or women?**

# Hypotheses

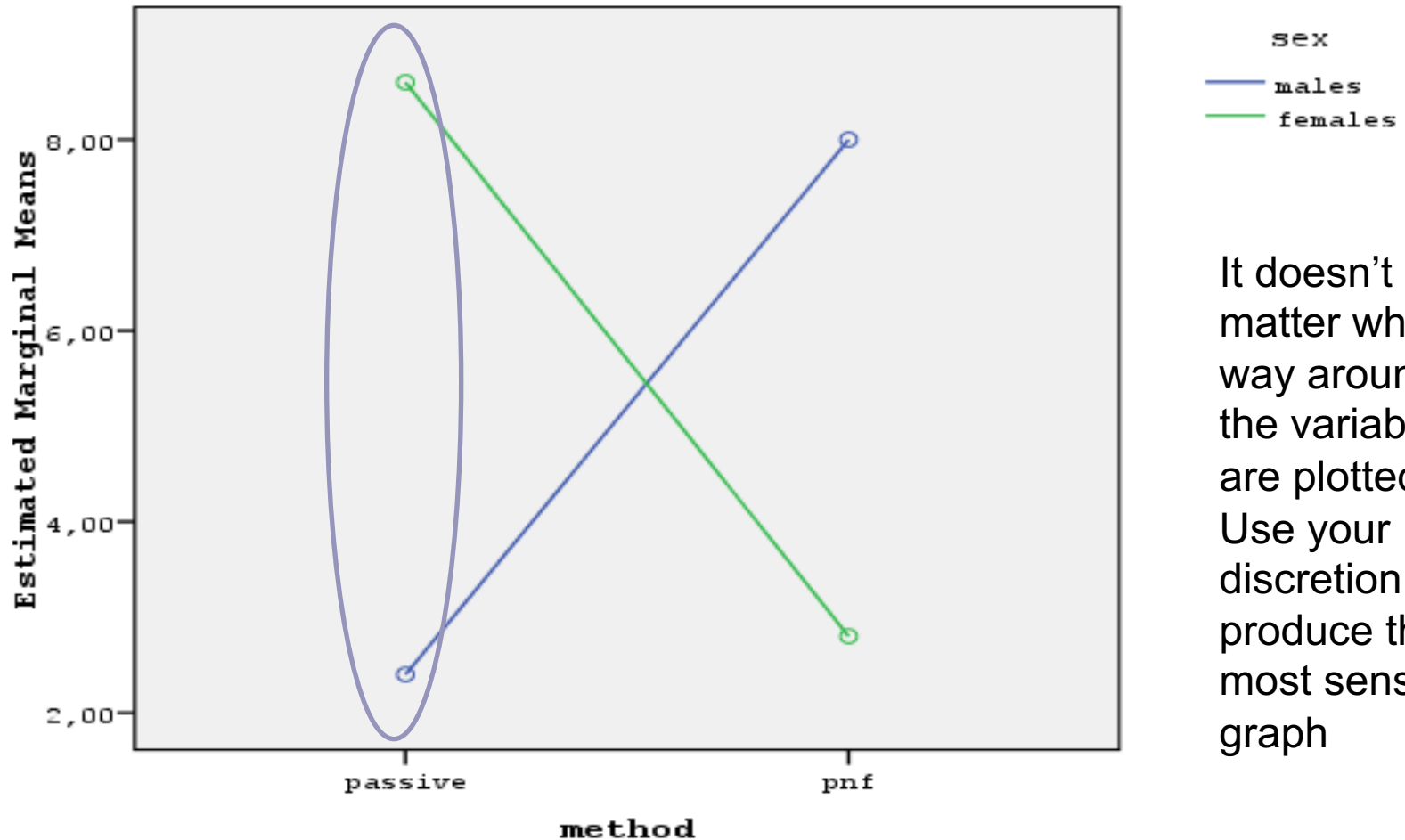
On two-way Anova (3 hypotheses) |  
One-way (1 hypothesis)

- **Main effect for gender:**  
 $H_0 = M_{\text{males}} = M_{\text{females}}$
- **Main effect for method:**  
 $H_0 = M_{\text{pnf}} = M_{\text{passive}}$
- **Interaction sex by method:**  
 $H_0 = M_{\text{pnf}} + M_{\text{passive}}$  are the same for males and females



# Graphing interactions – Click on plots

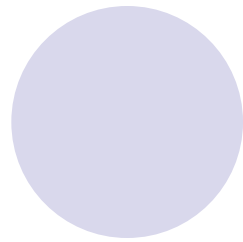
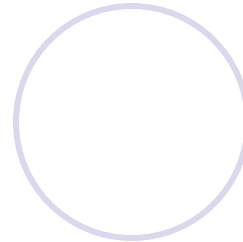
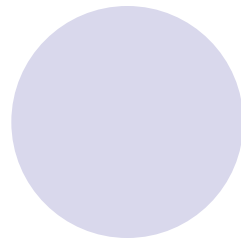
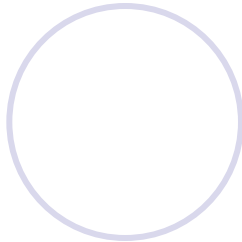
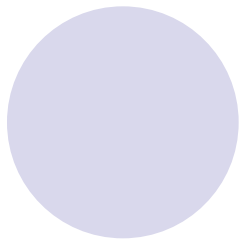
Estimated Marginal Means of flexion



It doesn't matter which way around the variables are plotted. Use your discretion to produce the most sensible graph

# Assumptions

- The scores of the dependent variable should come from a population which is normally distributed (i.e., normality assumption). Use **Histogram with normal curve in the Descriptive Statistics/Frequencies or with Frequencies option** check skewness and kurtosis values (if they are above 1.96 -standard errors, the data are probably not normally distributed)
- The two samples should come from populations which have approximately the same variance (i.e., homogeneity of variance assumption). Use **Levene test to test this assumption.** (not significant!!!)



File Edit View Data Transform **Analyze** Graphs Utilities Window Help

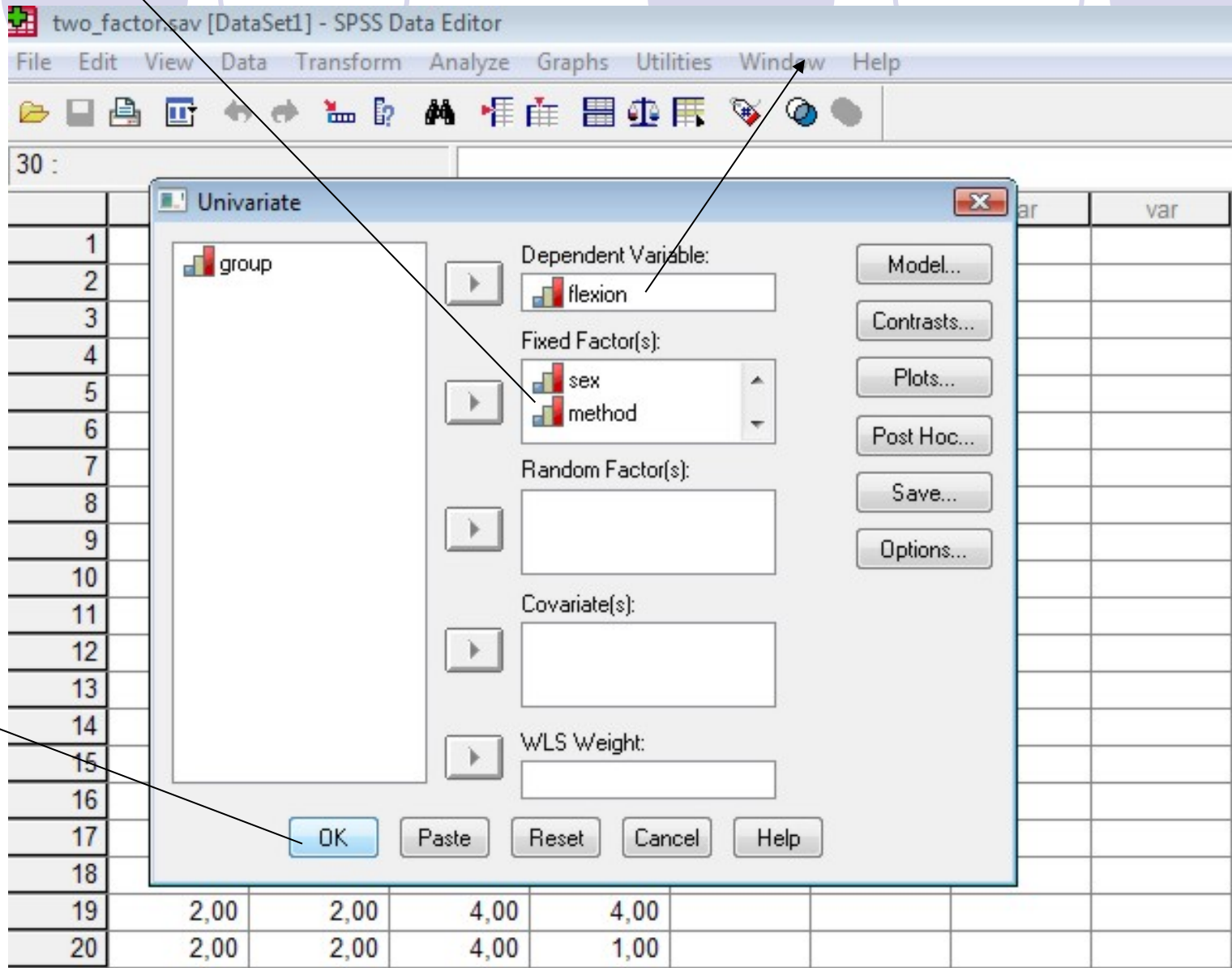
30 :

	sex	method					
1	1,00	1,00					
2	1,00	1,00					
3	1,00	1,00					
4	1,00	1,00					
5	1,00	1,00					
6	1,00	2,00					
7	1,00	2,00					
8	1,00	2,00					
9	1,00	2,00					
10	1,00	2,00					
11	2,00	1,00					
12	2,00	1,00					
13	2,00	1,00					
14	2,00	1,00					
15	2,00	1,00					
16	2,00	2,00					
17	2,00	2,00					
18	2,00	2,00					
19	2,00	2,00					
20	2,00	2,00					
21							
22							
23							

- Reports
- Descriptive Statistics
- Tables
- Compare Means
- General Linear Model**
  - Univariate...
  - Multivariate...
  - Repeated Measures...
  - Variance Components...
- Generalized Linear Models
- Mixed Models
- Correlate
- Regression
- Loglinear
- Classify
- Data Reduction
- Scale
- Nonparametric Tests
- Time Series
- Survival
- Multiple Response
- Missing Value Analysis...
- Complex Samples
- Quality Control
- ROC Curve...

Independent, e.g., Sex,  
method

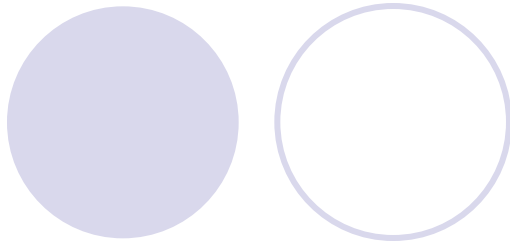
Dependent, e.g., flexion



The image shows the SPSS Univariate dialog box. The 'Dependent Variable:' field contains 'flexion'. The 'Fixed Factor(s):' field contains 'sex' and 'method'. The 'OK' button is highlighted in blue. The background shows the SPSS Data Editor window with a data grid.

	var	var
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		
16		
17		
18		
19	2,00	2,00
20	2,00	2,00
	4,00	4,00
	4,00	1,00

Click OK



## → Univariate Analysis of Variance

[DataSet1] C:\Users\Nikos\Desktop\two\_factor.sav

Note: When interaction F is significant, the main effect must be interpreted with caution- or not interpreted at all. If main effects are significant and interaction effect, we can pay attention only to the cell means and not to the main effects means.

Between-Subjects Factors

	Value Label	N	
sex	1,00	males	10
	2,00	females	10
method	1,00	passive	10
	2,00	pnf	10

Tests of Between-Subjects Effects

Dependent Variable: flexion

Source	Type III Sum of Squares	df	Mean Square	F	Sig.
Corrected Model	163,750 <sup>a</sup>	3	54,583	32,108	,000
Intercept	594,050	1	594,050	349,441	,000
sex	1,250	1	1,250	,735	,404
method	,050	1	,050	,029	,866
sex * method	162,450	1	162,450	95,559	,000
Error	27,200	16	1,700		
Total	785,000	20			
Corrected Total	190,950	19			

a. R Squared = ,858 (Adjusted R Squared = ,831)

→ P < .001

two\_factor.sav [DataSet1] - SPSS Data Editor

File Edit View Data Transform Analyze Graphs Utilities Window Help

30 :

	var	var
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		
16		
17		
18		
19	2,00	2,00
20	2,00	2,00

Univariate

group

Dependent Variable: flexion

Fixed Factor(s): sex, method

Random Factor(s):

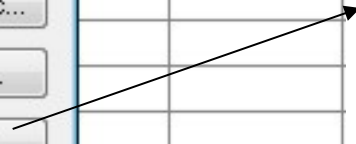
Covariate(s):

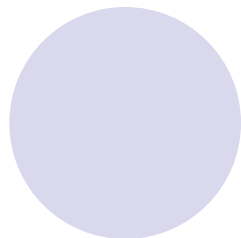
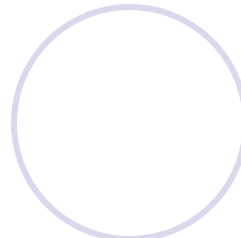
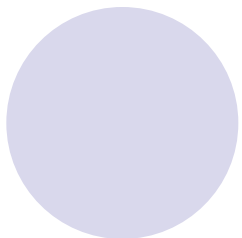
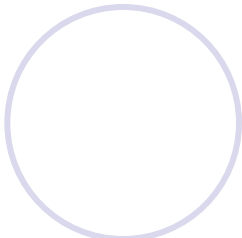
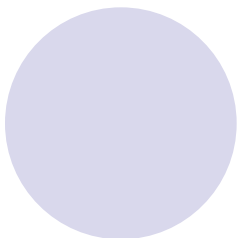
WLS Weight:

Model...  
Contrasts...  
Plots...  
Post Hoc...  
Save...  
Options...

OK Paste Reset Cancel Help

Click options





30 :

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	2
20	2
21	
22	
23	

Univariate

Univariate: Options

Estimated Marginal Means

Factor(s) and Factor Interactions:

- (OVERALL)
- sex
- method
- sex\*method

Display Means for:

Compare main effects

Confidence interval adjustment:

Sidak

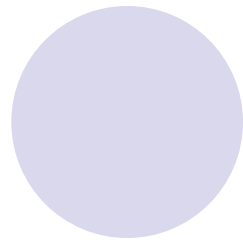
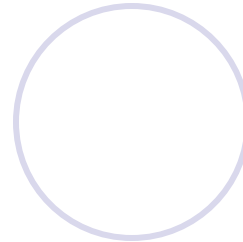
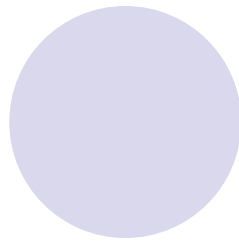
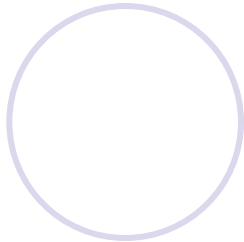
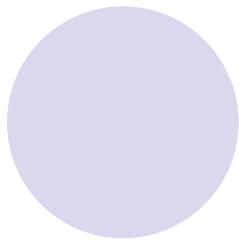
Display

- Descriptive statistics
- Estimates of effect size
- Observed power
- Parameter estimates
- Contrast coefficient matrix
- Homogeneity tests
- Spread vs. level plot
- Residual plot
- Lack of fit
- General estimable function

Significance level: .05      Confidence intervals are 95%

Continue      Cancel      Help





30 :

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	2
20	2
21	
22	
23	

Univariate

Univariate: Options

Estimated Marginal Means

Factor(s) and Factor Interactions:

(OVERALL)  
sex  
method  
sex\*method

Display Means for:

sex  
method  
sex\*method

Compare main effects

Confidence interval adjustment:

Sidak

LSD (none)  
Bonferroni  
Sidak

Display

Descriptive statistics

Estimates of effect size

Observed power

Parameter estimates

Contrast coefficient matrix

Spread vs. level plot

Residual plot

Lack of fit

General estimable function

Significance level: .05

Confidence intervals are 95%

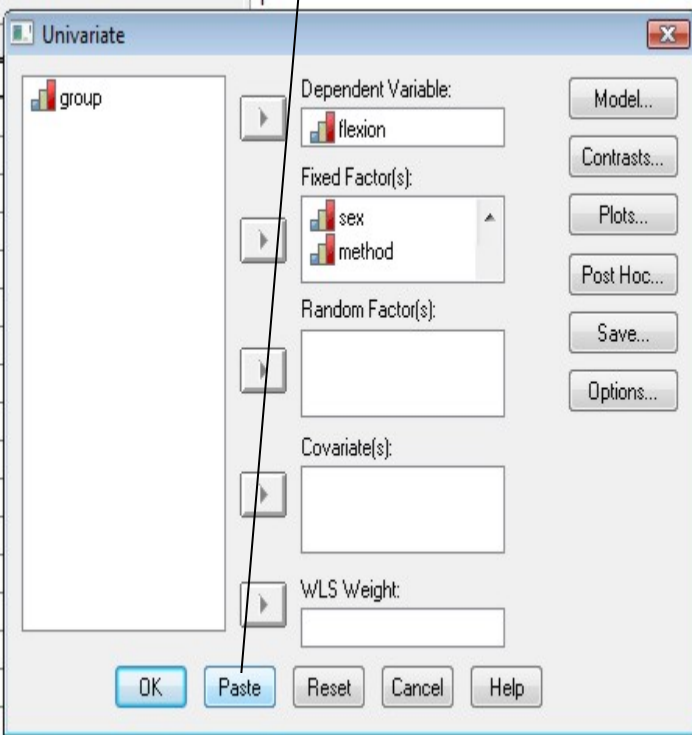
Continue Cancel Help



Click Paste to write syntax

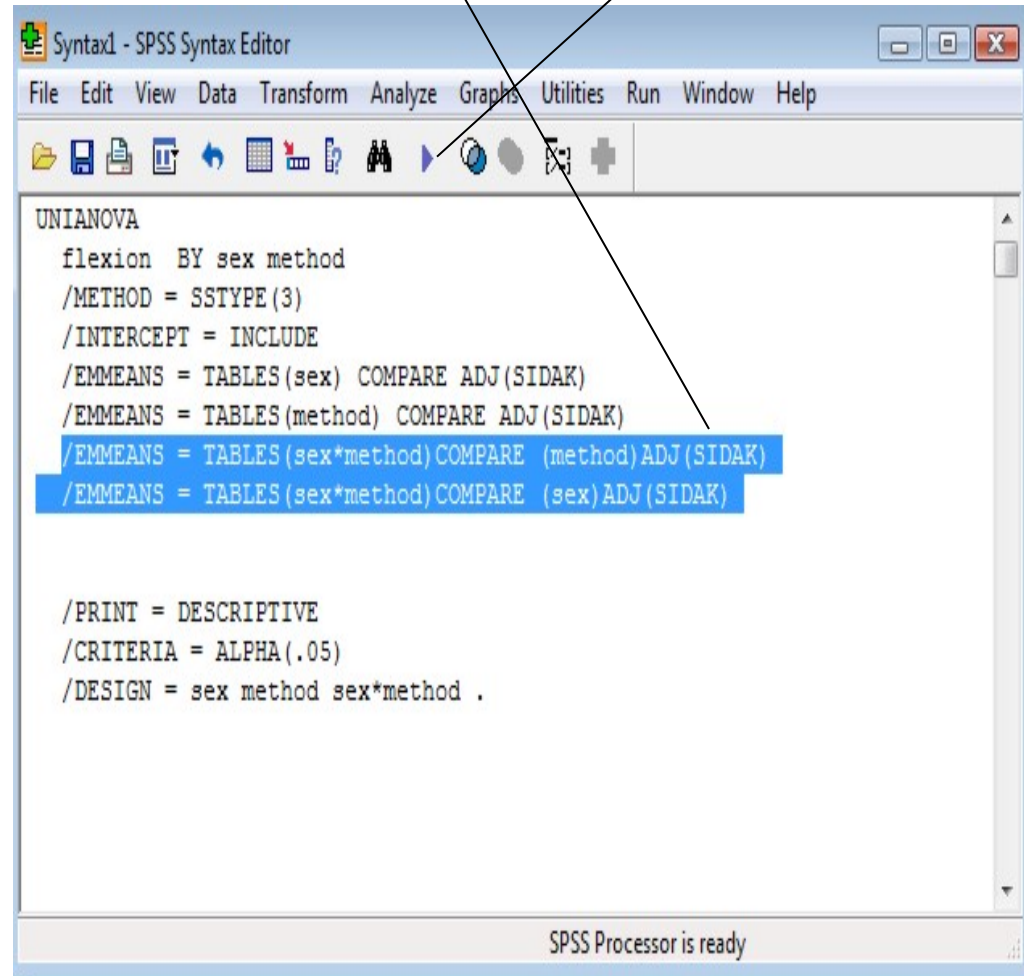
For the examination of the interaction  
COMPARE (method) ADJ (SIDAK)  
COMPARE (sex) ADJ (SIDAK)

Click the arrow



The Univariate dialog box is shown with 'flexion' as the dependent variable and 'sex' and 'method' as fixed factors. The 'Paste' button is highlighted with an arrow pointing to the text 'Click Paste to write syntax'.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	
1																					
2																					
3																					
4																					
5																					
6																					
7																					
8																					
9																					
10																					
11																					
12																					
13																					
14																					
15																					
16																					
17																					
18																					
19	2,00	2,00	4,00	4,00																	
20	2,00	2,00	4,00	1,00																	
21																					



The Syntax Editor window shows the following syntax code:

```
UNIANOVA
  flexion BY sex method
  /METHOD = SSTYPE(3)
  /INTERCEPT = INCLUDE
  /EMMEANS = TABLES(sex) COMPARE ADJ(SIDAK)
  /EMMEANS = TABLES(method) COMPARE ADJ(SIDAK)
  /EMMEANS = TABLES(sex*method) COMPARE (method) ADJ(SIDAK)
  /EMMEANS = TABLES(sex*method) COMPARE (sex) ADJ(SIDAK)

  /PRINT = DESCRIPTIVE
  /CRITERIA = ALPHA(.05)
  /DESIGN = sex method sex*method .
```

The last two lines of the EMMEANS statement are highlighted in blue. An arrow points from the text 'Click the arrow' to the right-pointing arrow in the syntax editor's toolbar.

SPSS Processor is ready

# 1. sex

## Estimates

Dependent Variable: flexion

sex	Mean	Std. Error	95% Confidence Interval	
			Lower Bound	Upper Bound
males	5,200	,412	4,326	6,074
females	5,700	,412	4,826	6,574

## Pairwise Comparisons

Dependent Variable: flexion

(I) sex	(J) sex	Mean Difference (I-J)	Std. Error	Sig. <sup>a</sup>	95% Confidence Interval for Difference <sup>a</sup>	
					Lower Bound	Upper Bound
males	females	-,500	,583	,404	-1,736	,736
females	males	,500	,583	,404	-,736	1,736

No significant differences

Based on estimated marginal means

a. Adjustment for multiple comparisons: Sidak.

## Univariate Tests

Dependent Variable: flexion

	Sum of Squares	df	Mean Square	F	Sig.	Partial Eta Squared
Contrast	1,250	1	1,250	,735	,404	,044
Error	27,200	16	1,700			

The F tests the effect of sex. This test is based on the linearly independent pairwise comparisons among the estimated marginal means.

## 2. method

### Estimates

Dependent Variable: flexion

method	Mean	Std. Error	95% Confidence Interval	
			Lower Bound	Upper Bound
passive	5,500	,412	4,626	6,374
pnf	5,400	,412	4,526	6,274

### Pairwise Comparisons

Dependent Variable: flexion

(I) method	(J) method	Mean Difference (I-J)	Std. Error	Sig. <sup>a</sup>	95% Confidence Interval for Difference <sup>a</sup>	
					Lower Bound	Upper Bound
passive	pnf	,100	,583	,866	-1,136	1,336
pnf	passive	-,100	,583	,866	-1,336	1,136

Based on estimated marginal means

a. Adjustment for multiple comparisons: Sidak.

No significant differences

### Univariate Tests

Dependent Variable: flexion

	Sum of Squares	df	Mean Square	F	Sig.	Partial Eta Squared
Contrast	,050	1	,050	,029	,866	,002
Error	27,200	16	1,700			

The F tests the effect of method. This test is based on the linearly independent pairwise comparisons among the estimated marginal means.

### 3. sex \* method

#### Estimates

Dependent Variable: flexion

sex	method	Mean	Std. Error	95% Confidence Interval	
				Lower Bound	Upper Bound
males	passive	2,400	,583	1,164	3,636
	pnf	8,000	,583	6,764	9,236
females	passive	8,600	,583	7,364	9,836
	pnf	2,800	,583	1,564	4,036

#### Pairwise Comparisons

Dependent Variable: flexion

sex	(I) method	(J) method	Mean Difference (I-J)	Std. Error	Sig. <sup>a</sup>	95% Confidence Interval for Difference <sup>a</sup>	
						Lower Bound	Upper Bound
males	passive	pnf	-5,600*	,825	,000	-7,348	-3,852
	pnf	passive	5,600*	,825	,000	3,852	7,348
females	passive	pnf	5,800*	,825	,000	4,052	7,548
	pnf	passive	-5,800*	,825	,000	-7,548	-4,052

Based on estimated marginal means

\*. The mean difference is significant at the ,050 level.

a. Adjustment for multiple comparisons: Sidak.

### 4. sex \* method

#### Estimates

Dependent Variable: flexion

sex	method	Mean	Std. Error	95% Confidence Interval	
				Lower Bound	Upper Bound
males	passive	2,400	,583	1,164	3,636
	pnf	8,000	,583	6,764	9,236
females	passive	8,600	,583	7,364	9,836
	pnf	2,800	,583	1,564	4,036

#### Pairwise Comparisons

Dependent Variable: flexion

method	(I) sex	(J) sex	Mean Difference (I-J)	Std. Error	Sig. <sup>a</sup>	95% Confidence Interval for Difference <sup>a</sup>	
						Lower Bound	Upper Bound
passive	males	females	-6,200*	,825	,000	-7,948	-4,452
	females	males	6,200*	,825	,000	4,452	7,948
pnf	males	females	5,200*	,825	,000	3,452	6,948
	females	males	-5,200*	,825	,000	-6,948	-3,452

Based on estimated marginal means

\*. The mean difference is significant at the ,050 level.

a. Adjustment for multiple comparisons: Sidak.

# How to report



- We conducted a 2x2 ANOVA to determine the differences in the effectiveness of PNF and passive flexibility training with males and females. The results revealed no significant gender effect,  $F(1,16) = .74$ ,  $p = .40$ , nor a significant method effect  $F(1,16) = .03$ ,  $p = .87$ , but a significant interaction effect,  $F(1,16) = 95.56$ ,  $p < .001$ . Pairwise comparisons revealed that passive flexibility is significantly more effective than PNF for females ( $p < .001$ ), but PNF is significantly more effective than passive for males ( $p < .001$ ).





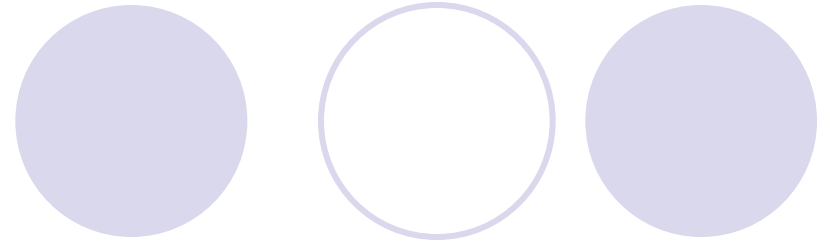
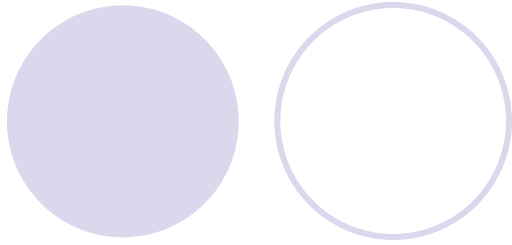
## Examples – How to report

### Two-way ANOVA

significant main effect

non significant interaction effect

We conducted 2x2 ANOVA to examine differences in ego orientations between gender and class (5<sup>th</sup> and 6<sup>th</sup> grade). The results showed significant main effect for gender,  $F(1,155) = 3.93, p < .05$ , non significant effect for classroom,  $F(1,155) = 2.18, p = .14$ , and non significant interaction effect  $F(1,155) = 1.54, p = .22$ . The examination of the means showed that females had higher scores than males in ego orientations.

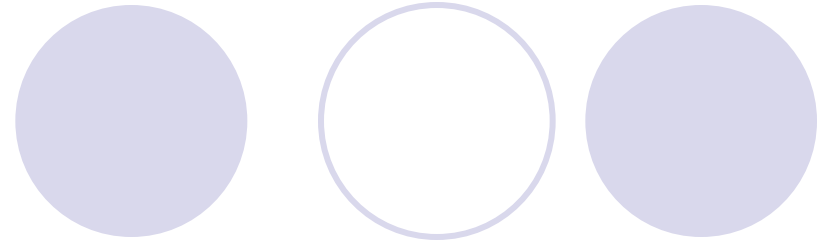


## Two-way ANOVA

No significant main effect

Significant interaction effect

We conducted 2x2 ANOVA to examine differences in ego orientations between gender and class (5<sup>th</sup> and 6<sup>th</sup> grade). The results showed non significant effect for gender,  $F(1,155) = 2.91$ ,  $p = .09$ , non significant effect for classroom,  $F(1,155) = .32$ ,  $p = .57$ , but statistical interaction effect,  $F(1,155) = 3.96$ ,  $p < .05$ . For the examination of the interaction effect, pairwise analysis showed that although in the 5<sup>th</sup> grade there were no significant differences between boys and girls in the 6<sup>th</sup> grade boys had higher scores than girls in ego orientations.



## Two-way ANOVA

Significant main effect

Significant interaction effect

We conducted 2x2 ANOVA to examine differences in ego orientations between gender and class (5<sup>th</sup> and 6<sup>th</sup> grade). The results showed significant main effect for gender,  $F(1,155) = 18.21, p < .01$ , and classroom,  $F(1,155) = 21.48, p < .01$ , and statistical interaction effect  $F(1,155) = 7.48, p < .01$ . Pairwise analysis showed that although in the 5<sup>th</sup> grade there were no significant differences between boys and girls in the 6<sup>th</sup> grade boys had higher scores than girls in ego orientations.